



Heritage Reservation

2018 Guidebook











#ChooseYourAdventure

BOY SCOUTS OF AMERICA
LAUREL HIGHLANDS COUNCIL

Revision 1 - 1/21/2018

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***Selections in bold are new / changed; please take time to review.**

The Heritage Experience

a few words from the director of camping

Camp Leaders:

Thank you for choosing Heritage Reservation as your destination for summer camp. Our traditions began long before anyone ever dreamed of a multi-purpose Scout reservation. Camps like Anawanna, Semiconon, Twin Echo and others were all resident camps that led to the gem we now call Heritage Reservation. Opened in 1980, Heritage began serving Boy Scouts at Camp Liberty and Camp Freedom. After a pilot program that began in 1988, Camp Independence opened in 1992 to serve Cub Scouts and Webelos. In 2009, we expanded again with the addition of week-long high adventure programs to serve older Boy Scouts and Venturers at Eagle Base.

Throughout our history, we have been providing the best quality programs, and have become a home for many Scouts, Scouters, units and staff. This year, we continue the commitment to excellence Heritage is known for, while going above and beyond with several new programs and services.

We are delighted that your unit has chosen to take part in this experience, the directors and key leaders are busy planning an incredible program. We have an exceptional group of staff and directors returning- along with some new faces- to ensure we exceed your unit's expectations.

This guidebook provides you with details about our programs, procedures and services. Please read the guidebook thoroughly to prepare your unit to make the most of your adventure at camp.

I am excited, pleased and honored to serve as your Director of Camping. My ultimate goal is to ensure every Scout and leader who comes through our gates has their very own "Heritage Experience." If you have any questions, concerns or comments feel free to contact me.

Thank you for choosing Heritage Reservation as your summer destination. See you at camp!

Mike Manner
(412) 325-7914
Director of Camping
mike.manner@scouting.org

teaching values
shaping leaders
building character
promoting citizenship



Our Camp Staff...Committed to Excellence!

Preparation Timeline

a schedule for proper unit planning

Right Now

- If you haven't already, submit your unit reservation and deposit to secure space.
- Inform all Scouts and their parents about your unit's summer plans. Liberty and Freedom units, be sure to inform the Webelos crossing over.
- Recruit at least two adult leaders (one at least 21 or older) to be in camp at all times.
- Schedule a camp promotion through www.lhcscouting.org/camping.
- Schedule an OA Home Troop Election through www.lodge57.org. Per National OA policy, there will not be any elections held at camp. Elections should be held between January 1 and May 31.

February/March

- Attend leaders meeting: Cub Scout Leaders Meeting, February 20; Boy Scout Leaders Meeting, February 22. Meeting locations and details will be distributed in the future.
- Turn in all Campership Applications to Flag Plaza by March 1.
- Begin entering youth and adult camper names in the online registration system - Reservations without names after April 16 will be cancelled (pg 61).
- Prepare payments for April 1 due date (pg 69) to lock in the early bird rate.

April

- Full payments for youth and adults are due April 1 (pg 69) to receive the early bird rate.
- Units should consider each Scout's needs for advancement to help him in his camp advancement and activity planning.
- April 16, begin registering Eagle Base resident and Day Trek campers for their activity sessions online (pg 76).
- April 16, begin registering Camp Liberty and Camp Freedom campers for their advancement/activity sessions online (pg 76).
- April 16, begin registering adult leaders for their training sessions online (pg 76).
- Non-Laurel Highlands Council units should ensure all forms are on file at your council's office. Please bring a copy of your Council's accident/sickness insurance to camp.

May

- Send out final camp notices to parents including a copy of the parent's guide.
- Have committee members visit parents of Scouts not registered to encourage their attendance with your unit, with another unit or with a provisional unit (pg 72).
- Work with each Scout in planning an advancement schedule and getting them started with the pre-camp work listed in this guidebook. Each adult who will be at camp should have a record of each Scout's advancement plan. Try to schedule Scouts with buddies when possible.
- Ensure that all Scouts and leaders will have their BSA Annual Health & Medical Record and Supplemental Medical Form with updated doctor's signature before coming to camp.
- Pre-order Heritage Reservation gift cards for Trading Post sales (pg 8).
- Finalize advanced Trading Post sales for 2018 Heritage gear (pg 8).

June

- Attend Beaver Service Weekend at Heritage Reservation from June 1 - 3. Register online at www.lhcscouting.org/camping (pg 85).
- Fill out online dietary needs form for all Scouts with medical needs for special meals.
- Fill out merit badge applications (blue cards) to be turned in at first merit badge class (Liberty and Freedom).

At Least Two Weeks Before Camp

- If your unit is planning on arriving in camp early, complete the registration and payment form at www.lhcscouting.org/camping.
- Check up on each Scout's pre-camp advancement work (Liberty and Freedom).
- Make last minute roster additions and advancement updates until one week before camp.
- Hold an inspection of personal packs and equipment and prepare unit equipment for camp.
- Prepare at least three copies of your final unit roster for camp and other leaders.
- Review transportation to ensure everyone has a ride to and from camp.
- Remind the Scouts of the behavior standards necessary for a Scouting trip.
- Be sure to have submitted any special dietary needs using the form on our website.
- Remind the Scouts to pack a lunch for the day you arrive unless you plan to stop to eat.
- Plan to arrive on time. Gates open at 12:30 p.m. Please arrive no later than 1:30 p.m.
- Collect all Scout & Leader Annual Health & Medical Records and Supplemental Medical Screening forms. You should send copies (NOT originals) to camp. Wristbands will not be issued until medical forms have been checked.
- Ensure everyone will have their medications in their original containers with a label containing the Scout's name and unit number.
- Ensure rides will be at camp to pick you up before 10:00 a.m. on your day of departure.

Preparation Suggestions

we strongly suggest you follow these in your planning

Leadership

- The leaders (one of which needs to be 21 or older and a registered leader) who will be staying at camp should have some camping and Scouting experience.
- Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (must be pre-arranged with the LHC Camping Department).
- Each unit should have one additional leader, 18 or older, for every 6 Boy Scouts and for every 4 Cub Scouts.
- Units attending Eagle Base will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants.
- Units attending Camp Independence that have been approved to participate in the soft-launch of Family Scouting must provide a 21 or older female leader for female attendees.
- All adult leaders must have completed the Youth Protection and Hazardous Weather trainings.
- All adults staying overnight at camp must meet PA Background Clearance Requirements. See the FAQ for more details (pg 61).
- Any adult staying in camp for 72 hours or longer that is accompanying a Boy Scout Troop must be a registered member of the Boy Scouts of America.

Liberty, Freedom and Eagle Base Advancement/Activity Sign-Up

- The summer camp coordinator should enter all advancement/activity selections for youth into the online system beginning April 16 at 6:00 a.m. (pg 34-35 and 76).
- Merit badge classes are capped to ensure adequate supplies and quality instruction.
- Scouts who aren't First Class can sign up for Trail to First Class and merit badges.
- All Scouts should be given their own copy of their advancement schedules.
- Leaders should make sure that each Scout has chosen programs according to their interests and ability.
- **Plan accordingly as sign-up for classes are first-come first-served with no waitlist.**
- Make an attempt to schedule merit badges that are geographically convenient. Travel to some areas of camp requires more time than others. Use the buddy system.
- All Scouts taking merit badges should have their blue cards filled out and signed by an adult leader before arriving at camp.

Heritage Reservation Overview

tall oaks from little acorns grow

Heritage Reservation, which opened in 1980, is home to four different types of camps on over 2,200 acres of beautiful woodlands in southwestern Pennsylvania.

During the summer months, the camps are put into use as resident camps, offering nationally renowned programs at Camp Independence (Cub Scouts and Webelos), Camp Liberty (Boy Scout patrol cooking), Camp Freedom (Boy Scout Dining Hall) and Eagle Base, our high adventure program (older Boy Scouts and Venturers).

Heritage Reservation's centerpiece attraction is the 270-acre Lake Courage, providing plenty of room for boating, fishing, sailing, water-skiing and swimming. Located close to Nemacolin Woodlands, Laurel Caverns and Ohiopyle, Heritage is a centrally located camp, with plenty to keep any unit or group busy for a weekend or a week at summer camp.

Heritage Reservation also has a conference center and nine split-entry houses available for rent by Scout units and outside groups. During the fall, winter and spring months, several pavilions and shelter areas are available for traditional camping, all reachable by vehicle.

Each of the camps is designed to be nearly self-sufficient, with their own office and facilities. To support these camps, Heritage does have a central area that contains the administrative offices, ranger's shop and maintenance facility, Heinz Commissary and the Health Lodge. Heritage Reservation can accommodate 1,200 campers plus staff, and is considered to be one of the finest Scout camps in the Boy Scouts of America.

Important Changes for 2018

changes and improvements for you to be aware of

Heritage Reservation

- Everyone attending camp receives a Heritage Reservation Map bandana.
- Everyone attending camp receives a Pebble patch and hexagonal backing.
- Updated policies on campsite equipment and capacities (pg 47)

Camps Liberty and Freedom

- Increased merit badge opportunities during the 3:00 - 4:00 p.m. time slot
- New merit badges offered throughout all of our program areas.
- Morning program options for Scouts to get the best start to their day.

Camp Independence

- Wild West theme takes Cub Scouts from the Independence Ranch down the Oregon Trail.
- Work on den-specific advancement during open program in all of our areas.

Eagle Base

- New Nemacolin Experience trek offers some of Nemacolin Woodlands' most popular activities.
- New opening campfire program for all resident campers
- New evening program options for resident campers



Are You New to Heritage Reservation?

information for new parents & leaders

- Our reservation offers Scouts of all ages and backgrounds the chance to experience the outdoors with two Boy Scout camps, a Cub Scout camp, and a High Adventure camp.
- For your swimming experience, we have beautiful 270-acre Lake Courage.
- Hikers can enjoy more than 12 miles of trails surrounding our lakes and forests.
- Camp helps to develop character, introduce new friends, teach valuable life skills, and helps boys discover new interests.

Are You New to Eagle Base?

information for new parents & leaders

- Eagle Base utilizes a cafeteria style Dining Hall that is self-serve (pg 49).
- You do not have to have high adventure experience to participate in our programs.
- We provide all program equipment. You provide all your personal gear (pg 10).
- These programs are much more active and physically strenuous than regular resident camp. Pay attention to the height/weight/age guidelines for your safety (pg 12).
- Many treks require release forms signed by parents. They can be downloaded online at www.lhcscouting.org/camping.

Are You New to Camp Independence?

information for new parents & leaders

- Camp Independence utilizes a cafeteria style Dining Hall with table waiters (pg 49).
- For your swimming experience, we have beautiful Lake Courage.
- Camp provides family activities to help foster family relationships and create memories that last a lifetime.
- Campers are assigned to a campsite and stay in platform wall tents with toilets and hot shower facilities nearby. Adults and youth sleep on cots.
- Homesickness is rare because the program is packed full. If it does happen, the staff is trained and ready to give extra individual attention.
- If parents cannot take the entire time off from work, their son can still attend with their unit. Scouts want to be at camp! Parents are encouraged to rotate their stays.

Are You New to Camp Liberty/Freedom?

information for new parents and leaders

- Camp Liberty utilizes the patrol cooking method and a central Commissary. Many units bring equipment to supplement the equipment provided by camp (pg 48, 50).
- Camp Freedom utilizes a family style Dining Hall with table waiters (pg 49).
- For your swimming experience, we have beautiful Lake Courage.
- Units are expected to be involved in activities throughout their stay, so please plan on assisting with camp-wide duties such as flag ceremonies, manning swim towers on the Waterfront, cleaning the shower buildings and maintaining a respectable campsite.
- Advancement instruction starts on the times given in this book and allows 10 minutes for Scouts to move to their next activity (pg 34-35). Unless otherwise noted, merit badges meet Monday through Friday.
- Open program is offered in the afternoon and allows Scouts to try new adventures and activities.

Heritage Reservation Gift Cards

an easy and secure way to shop at camp

Now available for purchase, Heritage Reservation gift cards are a safe and easy way to ensure your Scout is able to easily shop throughout their week at camp.



Scouts utilize the Trading Post for snacks, souvenirs, and program supplies, making it an essential part of the summer camp experience. Typically, Scouts can expect to spend $100 during a week at camp.

Gift cards are handed to the unit leader at check-in. Please be sure when ordering to provide a name and unit number, so we can ensure prompt delivery.

Gift cards are available for purchase in denominations of $25, $50, and $100 and make great gifts from parents, grandparents, and others. Unused balances may be carried over to next year.

For more information, or to order, visit **http://giftcards.heritagereservation.org**.

Advance Trading Post Sales

equip your Scouts with the essentials before camp

We've partnered with SG Trading Post to offer you the exciting opportunity to order some of our best selling items before you come to camp. Be one of the first units in town sporting our new 2018 Heritage Reservation gear!

Visit **http://shop.heritagereservation.org** to place an order by **June 1st**.

Ordering online in advance also gives you the option to customize your gear with troop numbers and Scout names.

Items can be direct shipped to your door or held at camp for pick-up. Please allow one to two weeks for home shipment.



Advance Order Items for 2018

- 2018 Heritage Summer Camp T-Shirts
- 2018 Camp Independence Camp T-Shirts
- 2018 Heritage Performance Wicking Shirt
- Heritage Reservation Hooded Sweatshirts
- Heritage Reservation Polo Shirts
- Heritage Reservation Jackets and Fleeces
- COPE and Super Iron Man T-Shirts

To be sure that your order is received in time for camp, please order by June 1st at the latest.

Reservation Leadership

over 100 years of combined camp staff experience

Mike Manner - Director of Camping

Mike began with the Laurel Highlands Council as Director of Camping in February 2016 after serving as Council Program Director for the Pennsylvania Dutch Council in Lancaster PA. Mike served fourteen years as a camp staff member, starting as a CIT and working up to becoming Camp Director at Camp Potomac, before taking on further camp administrative roles. Mike is an Eagle Scout, holds the Venturing Silver and Leadership Awards, is Wood Badge trained, and Vigil member of the Order of the Arrow. Outside of Scouting, Mike is an active geocacher and huge bluegrass/folk/Americana music fan.

Josh Bromley - Reservation Director

After previously serving as Camp Director and working on several camp staffs, Josh returns as Reservation Director this summer. During the offseason, Josh lives in Charlotte, NC with his wife Jasmine and three children, Austin, Evan, and Isaac. When not at camp, he works as a high school mathematics teacher in Charlotte, NC. He is currently pursuing his doctoral degree in Education through Northeastern University and in his spare time, enjoys listening to jam bands.

Jay Burbank - Eagle Base Director

Jarrod's experience working at Heritage Reservation for five years (20 years ago) awakened his love of teaching. He has taught middle school math for the past twelve years. One of the perks of teaching is having the opportunity to come back to Heritage Reservation during the summers and work doing what he loves. In his spare time Jarrod enjoys watching movies and playing strategy based games, especially chess.

Jacquelyn Schultz - Camp Independence Director

Jacque has been a volunteer with the Boy Scouts of America for the last 24 years and has been an active member of the Camping Committee for the past 12 years. Jacque is a Vigil member of the Order of the Arrow and a trainer for National Camp School for Day Camp. She has been the Day Camp Chairman for the Laurel Highlands Council for the last eight years and is looking forward to bringing her energy and outlook back to Camp Independence again this year. Jacque lives in Dormont with her husband Keith and her sons Derek and Kyle.

Moses Talbot - Camp Freedom Director

Moses has been attending camp at Heritage for many years and has worked in Freedom for ten years, most recently as the Camp Director. Moses is a Brotherhood member of the OA and is a music teacher and classroom aide at Pressley Ridge School for Autism during the school year. In his spare time, Moses enjoys progressive rock music.

Eagle Base Resident Program

awesome adventures offered through Heritage Reservation

If you are ready to experience true high adventure, then our week long day-treks are for you! Offered from mid June through August, sessions start Sunday afternoon and end Saturday morning. These unique treks are available for Boy Scouts (age 13 and older) and Venturers. Your entire patrol, troop or crew can participate together or sign up on your own to participate with others.



Perfect for the novice or the experienced high adventure camper, our program is a base camp experience with a choice of exciting activities run by professional partner vendors and our staff during the day and an assortment of on-site programs in the evening. Campers are introduced to a variety of high adventure activities.

All treks will be led by experienced Trek Guides meeting Boy Scouts of America standards. Program gear needed for the treks is provided. Simply bring the required personal gear, a great attitude, and be ready for the experience of a lifetime.

Units attending Eagle Base will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants. Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (this must be pre-arranged through the LHC Camping Department).

Required Personal Gear (Resident and Day Trek)

This gear is required to pariticipate in the various treks offered during the day.

- (2) Water bottles (1L)
- A backpack
- Sunscreen
- Rain gear
- (2) Flashlights
- Long pants
- Long sleeve shirt
- Boots (ankle covering)
- Closed-toe shoes that can get wet
- First aid kit
- Signed release forms



Weather & Safety

Treks may encounter rapidly changing weather fronts ranging from fog to storms. However, weather is no deterrent to fun. Should Crews encounter a rainy day while on one of our treks, we'll continue with our activities the best we can. We will keep participants safe during foul weather, but it doesn't always change our normal activities.

Additional Details

- Bring completed Laurel Caverns, Nemacolin, Wilderness Voyageurs, and ATV release forms (online at www.lhcscouting.org/camping).
- You must be a strong swimmer, and some boating experience is helpful. Participants must pass the Boy Scouts of America swimmer test on Sunday to participate.
- A leader in each unit must complete the "Weather Hazards" training offered online.

Eagle Base Check-In Process

how to make your first day at the greatest place on earth a smooth one

With many Scouts and leaders arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

Upon arrival at Heritage, your unit will be directed to the parking area near Pathfinder Lodge and will be asked to wait there until 12:30 p.m. before proceeding with check-in. Please arrive prior to 1:00 p.m. to be able to complete all check-in procedures before dinner.

1. Units should report directly to Pathfinder Lodge with a complete roster, payment history and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.
2. As soon as the registration matters are completed, the staff will review your activity selections for the week. The final activity schedule will be published after dinner.
3. You will then continue to the medical recheck station in Pathfinder Lodge. Be sure to have all the medical forms, signed vendor release forms (www.lhcscouting.org/camping), and proof of PA background clearances with you (pg 55). Be prepared to present a copy of everyone's forms for camp to keep in alphabetical order at the medical recheck station.
4. After your medical recheck, change into your swimming suits using the bathrooms provided, grab a towel, put on shoes, and move to the Independence Aquatics area for your swim tests. This is required for anyone to enter the Aquatics area and participate in offsite aquatics activities during your stay. Each camper will receive a buddy tag which must be used to enter the area.
5. Return to your campsite, review and inspect camp issued gear with your campsite host, complete setup. Flag lowering will be at 5:50 p.m. with dinner following in Pathfinder Lodge.
6. Following dinner, you will visit the equipment room in Pathfinder to have your gear checked and issued.

Day and Evening Activity Confirmation at Eagle Base

- When you arrive, you will receive a print out of all your Scouts/Venturers/Scouters and what activities they are registered for according to the online registration system.
- See the Trek Director in Pathfinder Lodge on the day you arrive if questions should arise about your campers' activities or registration procedures.
- Any changes (additions, deletions, etc.) must be addressed by 4:00 p.m. at Pathfinder Lodge.
- Our staff will then enter any corrections into the online database, so the sooner you turn your updates in, the sooner we can provide you and our staff updated activity rosters.
- Sunday is the final deadline for all activity changes due to schedule and planning restrictions.



Weekly Itinerary

Sunday

12:30 p.m.	Check-in at Pathfinder Lodge
1:00 p.m.	Pathfinder Lodge for medical re-checks and swim tests
2:00 p.m.	Set up camp at campsite
5:50 p.m.	Flag lowering ceremony
6:00 p.m.	Dinner at Pathfinder Lodge
6:45 p.m.	Orientation Meeting at Pathfinder Lodge
7:00 p.m.	Gear Check / Issue
7:15 - 8:45 p.m.	Evening program
10:30 p.m.	Taps



Monday - Friday

7:00 a.m.	Reveille
8:00 a.m.	Breakfast at Pathfinder Lodge
8:00 - 8:30 a.m.	Trading Post Open
8:50 a.m.	Meet at Pathfinder Lodge
9:00 a.m. - 5:00 p.m.	Day Activities
12:30 p.m.	Trail lunch
5:00 p.m.	Return to Heritage
6:00 p.m.	Dinner at Pathfinder Lodge
6:45 - 7:15 p.m.	Trading Post Open
7:15 - 8:45 p.m.	Evening program - Meet at Pathfinder
10:30 p.m.	Taps

Saturday

8:00 a.m.	Breakfast at Pathfinder Lodge
8:30 a.m.	Check-out and depart for home

Weight Guidelines

Any participant who exceeds the maximum weight limits on the weight chart needs to reconsider participation in our trek programs as they are at extreme risk for health problems. Participants who fall within the guidelines are more likely to have an enjoyable program and avoid incurring health risks. The absolute weight limit for most of our programs is 300 pounds, with the exceptions being ATV Adventure at 215 pounds, and our COPE zipline at 250 pounds.

Height	Recommended	Maximum
60”	97 - 138 lbs.	166
61”	101 - 143 lbs.	172
62”	104 - 148 lbs.	178
63”	107 - 152 lbs.	183
64”	111 - 157 lbs.	189
65”	114 - 162 lbs.	195
66”	118 - 167 lbs.	201
67”	121 - 172 lbs.	207
68”	125 - 178 lbs.	214
69”	129 - 185 lbs.	220

Height	Recommended	Maximum
70”	132 - 188 lbs.	226
71”	139 - 194 lbs.	233
72”	140 - 199 lbs.	239
73”	144 - 205 lbs.	246
74”	148 - 210 lbs.	252
75”	152 - 216 lbs.	260
76”	156 - 222 lbs.	267
77”	160 - 228 lbs.	274
78”	164 - 234 lbs.	281
79”	170 - 240 lbs.	295

Resident and Day Trek Activities



Each day, several of the following activities will be offered. Schedules will be tailored to the individual preferences of each Scout. At least four participants, including one adult, are required for an activity to run. Each participant will select preferences with the online system prior to camp. The final schedule will be published at the Sunday orientation meeting.

ATV Adventure (3B)
Hit the trail on our newest program offered at Heritage. Participants will complete the ATV Safety Institute (ASI) Rider Course finishing each day with an adrenaline-pumping ride around the lake.



Canoeing (3B)
Put in at Connellsville and paddle down 15 miles of the Youghiogheny River. Float past historic industrial ruins before descending into an exceptionally scenic stretch between Dawson and Layton.



Caving & Rappelling (4B)
Head to Laurel Caverns and spend the morning rappelling inside the cave. Then, in the afternoon, descend 46 stories of unlit, natural cave to the bottom of the mountain.



Fly Fishing (1B)
Fly fisherman young and old, expert or new to the sport, will all have a fun experience. Spend the morning refreshing your skills and in the afternoon head to the lake to try them out.

Hiking (3A)
Get a taste of some of the area's best hiking trails. Carry your food and water on your back and enjoy opportunites to Geocache, taking in the beautiful scenery and activities the area has to offer.



Kayaking (3B)
Using our 12-foot lake kayaks, explore as much of Youghiogheny Lake as you can. Stop for lunch, enjoy a refreshing swim, and see how much wildlife you can see.

Activity Level (#)

Each of the day and evening activities is ranked in regards to the physical activity and the skill level. The physical rating is from 1 to 5: 5 being the most strenuous activity and 1 being the easiest, not very demanding. The skill level is A to C with A demanding a high skill set and C being appropriate for all participants.

Day and Evening activity schedules can be found on pg 13 and 15.

Mountain Biking (5A)
Not for the weak of heart, get ready to hang on to the handle bars as you plummet down mountainsides, dodging rocks, jumping logs, fording streams, and splashing through mud holes.



Project C.O.P.E. (2B)
Get a taste of adventure at our newly expanded Project COPE course. Enjoy team building and challenging low course events. Then, test your limits on our high course and zipline.



Nemacolin Experience (1B)
Ready for a challenging and fun day at Nemacolin Woodlands? Enjoy some of the best programs Nemacolin has to offer including sporting clays, zip line, high ropes course, climbing wall, and a quick jump.



Whitewater Merit Badge (3B)
Spend two days learning the fundamentals of white water adventuring. Day one will introduce you to the basics of reading the river and maneuvering your boat as you wind your way down the Class II rapids of the Middle Yough in tandem canoes. Day two will stretch your skills even further as you practice what you've learned in kayaks and ultimately brave the Class III rapids of The Loop in your inflatable "ducky". Remember to bring a Blue Card! Kayaking or Canoeing Merit Badge is required to start this program.



Whitewater Rafting (3B)
Whitewater rafting at its finest! Whether this is your first trip or your tenth, the Lower Yough has plenty to offer, including surfing waves, hitting holes, catching eddies and dropping over waterfalls. After a safety briefing, follow the river guides down seven and a half miles of Class III+ whitewater. You WILL get wet! Vendor release form required.








The summer camp coordinator should enter all day and evening activity selections for youth and adults into the Online System beginning April 16 until one week before camp (pg 76).



Resident Camper Evening Activities

Each evening, several of the below activities will be offered. Schedules will be tailored to the individual preferences of each Scout. At least four participants including one adult are required for an activity to run. Each participant will select preferences with the online system prior to camp. The final schedule will be published at the Sunday orientation meeting. **These activities are only for Eagle Base resident campers.**

Opening Campfire (1C)
Head out across Lake Courage at dusk and enjoy an opening campfire with smores, fellowship, and star-gazing. Meet the staff that will be guiding your experience all week. Canoe back over under the night sky before taps.



Sporting Arrows (1C)
Test your marksmanship skills as you take aim at fast moving archery projectiles. Compete against your fellow Scouts and Scouters for the highest score.



Black Powder Rifles (2C)
Ready, aim, fire! Journey back in time and shoot black powder rifles. This is an experience a lot of Scouts do not get a chance to try - and you need not have experience to participate!



Free Night / Relax (1C)
This is your night off. If your day activity has left you exhausted and sore, take the time to recover. Venture to the Boy Scout camps or just relax around your campfire.



Climbing (3C)
Try your skills on our 30-foot climbing tower. There are three different sides of the wall, two to climb with varying degree of difficulty and one to rappel down the tower. Grab your helmet and harness and join the fun.

Open Swim
Enjoy a swim in Lake Courage after a hard day on the trail or just relax and enjoy the cool water. Perhaps a game of water volleyball? Fun for all levels.



Pistols (2C)
Only for currently registered Venture Scouts, we offer a unique opportunity to shoot pistols. Several different targets make it a challenge.



Pontoon Fishing (1C)
This is an enjoyable cruise on Lake Courage with one of our pontoon boats. Try your hand at fishing our hot spots or just an enjoyable evening on the 270-acre lake, your choice.

Project C.O.P.E. (3B)
Challenge your group of Scouts with teamwork, problem solving, and various tests of agility and individual skills.

Rifle Shooting (2C)
Try your luck with our .22 Rifles. Can you shoot a bulls-eye? Work with our qualified instructor and get five shots inside of a quarter.

Shotgun Shooting (2C)
Never fired a shotgun? No problem. Come out to Springfield Armory and shoot a shotgun with a qualified instructor, and see how many clays you can hit!

Water Skiing (4B)
Want to try to ride the waves? Here is your chance to give water skiing or wakeboarding a chance. Learn from our qualified instructor and see if you have what it takes to get up on those skis or board.

Zipline (2C)
The adrenaline starts 20 feet off the ground, when you are suspended from a cable and start to move at speeds close to 20 miles an hour towards Lake Courage. Want to do it again? Go for it.

* See pg 13 for Activity Levels (#)

2018 Eagle Base

Day Programs (Resident Campers and Day Trek)

(#) Capacity	Monday	Tuesday	Wednesday	Thursday	Friday
	Whitewater MB (18)	Whitewater MB (18)/Rafting (48)	Whitewater Rafting (48)	Whitewater Rafting (48)	Fly Fishing (12)
	Caving & Rappelling (20)	Hiking (20)	Nemacolin (20)	Canoeing (14)	Caving & Rappelling (20)
	Kayaking (18)	COPE (12)	Mountain Biking (12)	Mountain Biking (12)	Kayaking (18)
	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)

Evening Programs (Resident Campers only)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Opening Campfire (All)	Black Powder (8)	Shotgun Shooting (8)	Project COPE (8)	Pistol Shooting (9)	Game Night
	Sporting Arrows (8)	Waterskiing (12)	Rifle Shooting (8)	Zip Line (12)	
	Waterskiing (12)	Open Swim (30)	Pontoon Fishing (10)	Open Swim (30)	



The summer camp coordinator should enter all day and evening activity selections for youth and adults into the online system beginning April 16 until one week before camp (pg 76).

Camp Independence Program

premier Cub Scout camping destination

Welcome to Camp Independence, cowboys and cowgirls!

Load your wagons and join us in our adventure west. As settlers, you will join us as we embark on our journey of over 2,000 miles to the Pacific Ocean on the Oregon Trail. You will join a group of pioneers during the 1840's who have pulled up stakes and headed West to farm and to the Gold Fields.

Camp Independence is ready for a rip-roaring time to be had by one and all. Come join us as we prepare for our journey in the camp-wide games. Search the areas provided until you find the necessary supplies to begin your journey. You may be lucky enough to meet Native Americans, Lewis & Clark or settlers on their way to the West. Take a dip or drop your fishin' line in the Great Pacific Ocean (Lake Courage).



Camp Independence is continuing on the journey to deliver great programming. You and your Scout will find education and fun for each rank of Scouting. Come join us at Independence Ranch Gateway to the West as we deliver the promise of great Cub Scout camping.

See you at camp,

Cowgirl Jacque and Cowboy Derek

While At Camp Independence

all the basics on the program for your stay at camp

Daily Program Schedule

Units in each campsite will follow a unique schedule rotating through program areas together. The schedule below shows a typical day. Variance between each day comes in your activities from 9:00 a.m. - 12:00 p.m. and 2:00 - 5:00 p.m. and in your evening program.

	Full Day		Check-in Day
7:00 a.m.	Reveille	12:30 - 4:30 p.m.	Check-in
7:40 a.m.	Waiters report to the DH	5:45 p.m.	Flag lowering
7:45 a.m.	Flag raising	6:00 - 6:30 p.m.	Dinner
8:00 - 8:30 a.m.	Breakfast	6:45 - 7:30 p.m.	Campwide Event
9:00 a.m. - 12:00 p.m.	Program area visits	7:30 - 8:30 p.m.	Campfire
11:00 a.m.	Sick call	9:00 - 9:30 p.m.	Adult Meeting
12:10 p.m.	Waiters report to the DH	10:00 p.m.	Taps
12:30 - 1:00 p.m.	Lunch		
1:00 - 2:00 p.m.	Siesta		Check-Out Day
1:15 p.m.	Adult Meeting (Last Day)	6:30 a.m.	Reveille
2:00 - 5:00 p.m.	Program area visits	7:00 - 7:30 a.m.	Breakfast Delivered
5:40 p.m.	Waiters report to the DH	7:30 - 8:00 a.m.	Breakfast
5:45 p.m.	Flag lowering	8:00 - 10:00 a.m.	Check Out
6:00 - 6:30 p.m.	Dinner		
7:30 p.m.	Campfire (Last night)		
7:00 - 8:30 p.m.	Open Program		
10:00 p.m.	Quiet time		

The Courage Conquest

a fun and innovative way to recognize achievements



The Courage Conquest is a recognition program aimed at Boy Scouts and Cub Scouts attending Heritage Reservation during the summer. By participating in various events throughout the week, different pebble patches are earned and can be displayed on the hexagonal patch pictured above.

Upon check-in, all Scouts and leaders will receive the 2018 center patch, the velcro backing and their camp pebble patch for free. Additional pebble patches can be earned throughout camp, or purchased in the Trading Post for $1 each.

Pebbles for 2018

Webelos / Arrow of Light
Polar Bear Swim
Outstanding Acorn Award
Flag Ceremonies
Pirate Ship Sleepover
Boy Scout Camp Hike
Conservation Project
Star Gazing
Leave No Trace
Biggest Fish Award

Cub Scouts
Outstanding Acorn Award
Star Gazing
Leave No Trace
Conservation Project
Biggest Fish Award

In addition to earned pebbles, a wide selection of special interest pebbles are available for purchase in the trading post.

Advancement in Cub Camp

very important stuff, please read carefully!

Summer camp is a great place to take care of those requirements that may be challenging to incorporate into a home den meeting. Scouts can take advantage of the equipment, environment, and trained staff to help meet their needs.

Advancement opportunities are built-in to the Camp Independence program schedule and are seemlessly integrated into the activities you will be doing in each area. Cub Scout parents and leaders will receive a record of the requirements listed below that are being met in each area, so that den specific advancement can be signed off when returning from camp.

Area	Rank	Requirements
Aquatics	Tiger	Floats and Boats
	Wolf	Spirit of the Water
	Bear	Salmon Run
	Webelos	Aquanaut
Ecology	Tiger	Sky is the Limit, Tigers in the Wild, Backyard Jungle
	Wolf	Spirit of the Water, Air of the Wolf, Call of the Wild, Fur, Feathers, and Furns
	Bear	Bear Goes Fishing, Super Science, Into the Wild
	Webelos	Webelos Walkabout, Into the Woods, Earth Rocks
Shooting Sports	All	Level 1 and 2 Shooting Sports Award
Outdoor Adventure	Tiger	Games Tigers Play, Earning Your Stripes, Tiger-iffic, Tiger Tag
	Wolf	Paws of Skill, Running with the Pack
	Webelos	Sportsman
Scoutcraft	Tiger	Tiger Bites, Tiger: Safe and Smart
	Wolf	Finding Your Way, Call of the Wild
	Bear	Bear Claws, Bear Necessities
	Webelos	Cast Iron Chef, First Responder
	Arrow of Light	Camper
Program	Wolf	Call of the Wild, Council Fire
	Bear	Roaring Laughter



Independence Check-In Process

how to make your first day at the greatest place on earth a smooth one

With many Scouts and adults arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

1. **Please arrive as a group** between 12:30 p.m and 1:00 p.m. to be able to complete all check-in procedures before 4:30 p.m. Upon arrival at Heritage, your unit will be directed to the lines forming at the respective camp gates and will be asked to wait at the parking lot until 12:30 p.m. before proceeding to the camp.
2. In the parking lot, you will meet your site guide who will then assist and lead your unit throughout the entire check-in procedure, as well as give you a tour of camp, so everyone is familiar with where things are located.
3. The unit leader responsible for all registration matters will report directly to the Program Hall with a complete roster, payment history and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.
4. The rest of the unit will move into your campsite with your gear. Only one vehicle per unit will be allowed to go past the parking lot and into your campsite. Unit trailers are allowed in most sites and must be parked in designated areas.
5. As soon as possible, change into your swimming suits, grab a towel, put on shoes and continue to the medical recheck station. (You can come to camp wearing your swimsuit to save time.) Be sure to have all the medical forms and proof of PA background clearances with you (pg 55). Be prepared to present a copy (NOT originals) of everyone's forms for camp to keep in alphabetical order at the medical recheck station.
6. After your medical recheck you will have your Dining Hall orientation.
7. Next move to the Aquatics area for your swim classification. This is required for anyone to enter the Aquatics area during your stay. Each camper will receive a "buddy tag."
8. Return to your campsite, review and inspect camp issued gear with your campsite host, complete setup.
9. Flag lowering will be at 5:45 p.m. with dinner following. Please wear your complete uniform to dinner. Campwide event and Campfire will follow dinner.



At least one adult from every Pack or Den will need to attend the Adult Meeting after the Opening Campfire at the Program Hall.



Aquatics

The Aquatic area is designed to test a Scout's "Endurance and Courage" as they focus on activities surrounding Lake Courage and in Independence Cove. Please note that most activities require taking the National Boy Scouts of America swimming ability test. This test will classify you at a particular swimming ability level. Certain activities in this area require specific swimming ability levels. (pg 54)

Cub Scout Activities

- The Huck Finn Raft is our 15+ person raft that you can paddle around the Independence Cove just like Huck Finn and Tom Sawyer. Compete in the boating challenge - how many times can you spin the Huck Finn?

Cub Scout and Webelos Activities

- Swimming: learn some new water games or try to enhance your skills to increase your ability level.
- Row Boating: use one of our camp row boats to paddle around Lake Courage.
- Fishing Piers: try to catch the big one from the shores of Independence Cove or from one of our many fishing piers. There is a camp competition for the largest fish caught throughout the week.
- Paddle boat: you and your buddy patrol the water front by peddle power.
- Pirate Breakfast: go overboard as you swim to claim your breakfast from a gang of pirates early in the morning!

Webelos Activities

- Canoeing: learn some basic canoeing strokes and try to navigate the canoeing course.
- Kayaking: learn the basics of kayaking on Lake Courage.
- Polar Bear Swim: join us for an early morning swim at 6:30 a.m. - day to be announced.

Basic Rules

- All waterfront activities will take place in authorized areas under the direct supervision of the Aquatics staff. Anyone violating this rule will be dismissed from camp immediately.
- The use of all watercraft is restricted to when staff has opened the beach and proper supervision is present.
- If the waterfront is closed, no one is to walk on the beach or go through the perimeter.
- The Buddy System will be used at all times.

Fishing Guidelines and Policies

- Adult supervision is required.
- Fishing docks are across from the swimming area.
- Fishing is not permitted in or near the swimming areas. Lines should not be cast toward the swimming area ropes or flotation devices. Fishing is not permitted from canoes, funoes or swimming and boating docks.
- No casting from piers or rowboats- only dropline fishing.
- No live bait, except worms.
- The Trading Post sells bait and fishing supplies.





Outdoor Adventure

Cub Scout and Webelos Activities

- Bouldering: practice the art of Bouldering on our bouldering wall before you test your skills on our bouldering course.
- Sports: time is scheduled to enjoy a variety of athletic sports such as soccer, basketball, volleyball.
- Sponge Wars: join us at Fort Washington for a wet and wild adventure testing your agility and reflexes in an all-out wet and wild sponge war!
- Handicraft: stamp, hammer, and craft your honor necklace totem that you'll use to keep track of all of your adventures at camp.

Webelos Activities

- Climbing: the Climbing area is designed to safely introduce Scouts to a new adventure while working on teamwork and physical challenges. Scouts can harness up and don a helmet to scale the climbing wall. Several different routes are available and tailored to individual skill levels.
- BMX Course: race around our BMX track and compete against your friends as you pass through hairpin turns and traverse obstacles.



Shooting Sports

The Field Sports area is designed to test a Scout's "Skill and Marksmanship" as they are introduced to range activities including safety, accuracy and positioning.

Cub Scout and Webelos Activities

- Archery: safely use archery equipment and shoot at stationary targets while earning the new Den appropriate patch and pin.
- Sling Shot Range: use camp sling shots to shoot provided ammunition at targets.
- Rock Throwing: the ONLY place you can put your rock throwing skills to the test.
- BB Gun: test their marksmanship skills and learn safe shooting while earning the new Den appropriate patch and pin.
- Instructional Archery and BB: signup for this during open program to earn your Level 2 requirements for the Cub Scout Shooting Sports Award.

Webelos Activities

- Pellet Rifle Shooting: test your aim at one of our spinning targets in our interactive shooting gallery.
- Action Archery: adventure through the forest and take your aim at challenging and fun targets on our new range.



Ecology Conservation

The Ecology area is designed to test a Scout's "Knowledge and Honor" as they participate in adventures in the outdoors.

Cub Scout and Webelos Activities

- Nature: introduce yourself to the natural world of Camp Independence on our exciting nature hike and in our outdoor laboratory and nature center. Explore the diverse eco-system that surrounds you at camp as you learn about the local wildlife and forest.
- Astronomy: take a walk through the stars with one of our staff members - can you find all of the constellations?
- Underground Mine: grab a helmet and learn about geology and the history of our earth.

Webelos Activities

- Outdoor Ethics: learn about Leave No Trace and what you can do to keep our camp, as well as your own neighborhood healthy.
- Discovery Nature Center: explore our nature center and learn about sustainability and wildlife conservation.



Scoutcraft

The Scoutcraft area encompasses introductory Scout skills and opportunities for handicraft projects. Cub Scouts will also have the chance to participate in activities that build character and citizenship, as well as learn basic first aid skills.

- Scout Skills: learn how to tie knots, build fires, and cook a meal in the outdoors.
- Whittlin' Chip: practice knife skills and safety as you learn responsible knife use.
- Citizenship: work together to learn what it takes to be a good citizen in your community, as well as flag care and etiquette.



Packtivities

Enjoy these self-guided adventures with your fellow Cub Scouts:

- Frisbee Golf
- UPMC Fitness Trail
- Gaga Ball
- Fishing
- Cattle Roping
- USS Constitution
- Hillbilly Golf
- Map and Compass
- Campsite Free Time



Campwide Programs

Campwide Event 6:45 - 7:30 p.m., Check-In Day, Parade Field - All Sessions
Kick off your program with a variety of activities based on the Camp Independence theme. Work as part of a team, and do your best to accomplish tasks together in your den or pack.

Opening Campfire, 7:30 - 8:30 p.m., Council Circle - All Sessions
After dinner, join us in an exciting welcome to camp and meet the staff! Celebrate your arrival at Camp Independence with skits, songs, and cheerful interaction with your fellow Cub Scouts.

Star Gazing, 9:45 -10:15 p.m., Nature Shelter - All Sessions
Weather permitting, join us for a look at the night sky and learn about stars, galaxies and the Milky Way. Day announced at the leaders' meeting. Earn a pebble patch for your participation!

Open Program, 7:00 - 8:30 p.m. - All Sessions
So many choices and so much fun! You are free to roam and choose from archery, BB guns, slingshots, rock throwing, BMX biking (Webelos), Climbing (Webelos), swimming, boating and fishing.

Closing Campfire, 7:30 - 8:30 p.m., Campfire Circle - All Sessions
After dinner, join us in a joyous celebration at the closing campfire. Participate and watch the staff perform in this great event.

Acorn Challenge - Webelos Sessions
Complete ten of 16 tasks- earn your pebble patch and bragging rights!

Flag Ceremonies - 7:45 a.m. and 5:45 p.m. daily - All Sessions
Each day, we will have flag raising and lowering ceremonies. For the flag lowering and evening meal, please wear your complete Scout uniform. Scouts may assist with the 13 colonies on a first come, first served basis. Webelos may sign up in the Program Hall to raise or lower the American, Camp Independence or Laurel Highlands Council flag.

Honor Necklaces - Scoutcraft - All Sessions
On the first day in camp, each Scout will make their own honor necklace. The rounder, beads, claws, and special totems will help to mark your achievements throughout the week.

Boy Scout Camp Hike - 4-day Webelos Sessions
Second year Webelos have the option of hiking to Camp Liberty or Camp Freedom. You will enjoy lunch at the Boy Scout camp and will receive a tour of next year's program. The hike will take all morning and part of the afternoon; therefore, you must be willing to forfeit a few other scheduled programs. Be prepared to sign up Scouts with the Program Director during check-in. Accurate numbers are important to ensure your meals are in the right location.

Foil Cooking - 4-day Webelos Sessions
Enjoy a campfire roasted meal cooked and prepared by you and your fellow Scouts! All of the required materials and food are provided - you just build the fire!



The Role of the Adult

The success of all of our Cub Scout campers depends a lot on your help and support as you guide them through the camp experience. Here are some helpful things to assist you in getting the most out of your time here at camp.

Help Us Help You

We understand that your own unit's interests are the number one priority, but we welcome your assistance to make Heritage even better. We ask that you help contribute to the camp with any special skills that you have. Help is always appreciated within program areas, advancement instruction, guarding on the waterfront and service projects. Communicate any questions or issues to us in a timely manner so we can help resolve them.

Adult Meetings

Not just for leaders anymore - at least one leader, parent, or adult from each unit is encouraged to attend our informational meetings held daily at the Program Hall. You will learn more about what is going on at camp, and have an opportunity to ask questions that will enhance your experience during the week.

Youth Protection

- All adults attending camp must complete BSA Youth Protection training in advance.
- Two-deep leadership requirements must be met at all times. This means at least two adults need to attend camp with the pack/den, one of whom must be 21 years of age and be a registered leader with the BSA. The other adult must be 18 years of age.
- Units attending Camp Independence that have been approved to participate in the soft-launch of Family Scouting must provide a 21 or older female leader for female attendees.
- A 4:1 ratio of Cub Scouts to adults in camp must be maintained at all times.

PA Background Check and Clearances

All adult PA residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt, provided they do not work with youth in PA more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms, see the Summer Camp Resources page (www.lhcscouting.org/camping).

Shower and Bathroom Facilities

Separate facilities exist for Cub Scouts and adults. At no time, under any circumstances, are adults permitted to enter the youth facilities, or youth allowed to enter the adult facilities. Doing so constitutes a major violation of the BSA Youth Protection policies and may result in removal from camp.

Program Hall Shower Facility - Adult male, adult female, youth male bathrooms and showers
Revere Shower Facility - Youth male showers
Pathfinder Lower Restrooms - Adult female, youth female bathrooms and showers

Role of the Den Chief

helping the Cub Scouts and Webelos to have a great time

Den Chiefs play an important role in camp. Not only do they help the adults keep the boys on task, but they are seen as role models to the younger boys. They tell stories of Scouting's trail that await them. Use these guidelines to orient your Den Chief's role to his role in camp:

- Help the program for the Cub Scouts run smoothly
- You are an example and role model, not a Cub Scout. Explain/Demonstrate/Guide/Enable Scout skills
- Safety: help Scouts learn the rules of camp
- Help build camp spirit and positive teamwork, cooperate with adults and staff

Youth Protection

- Help keep boys together, emphasize the buddy system at all times
- Observe and help your unit keep proper shower procedures
- Never scream at, shout at or hit any Scout
- Be a friend, be supportive, but avoid wrestling or horseplay
- Communicate with adults about any problems or homesickness
- Don't scare Cub Scouts with pranks or stories

Issues for Den Chiefs to Watch Out For

- No knives for Cub Scouts without adult supervision and a Whittlin' Chip
- No fires, matches or food of any kind in tents
- Work with adults and unit to adhere to camp schedule
- Help boys understand how to behave at campwide events and also at the campsite
- Help Scouts understand when to quiet down and go to bed

Role of the Den Chief at Program Areas

Shooting Sports
- Do not expect to shoot
- Help boys or parents who need help
- Show example by listening to the staff

Aquatics
- Be prepared to assist staff as additional guards (you know your Scouts)
- Do not engage in horseplay
- Help to organize boys at check-in area

Program Areas
- Show interest and excitement (it's contagious)
- Let the Scouts do it, but be prepared to help any boy having problems
- Be prepared to assist the staff in organizing these activities
- Have fun, but be safe

Service Projects
- Encourage the unit to participate
- Help lead and organize

Climbing / BMX
- Assist with harnesses and helmets

Packtivities
- Help teach the Scouts the rules of each game or activity
- Ensure everyone is participating fairly
- Show good sportsmanship

Dining Hall
- Help encourage proper behavior
- Show good manners
- Be positive about the food

Campsites
- Demonstrate fire safety
- Set a good example by encouraging Scouts to keep the campsite clean





Liberty and Freedom Program

finest Boy Scout camping in the nation



Camp Freedom is our Boy Scout resident camp with a 450-seat Dining Hall serving family style meals. Scouts stay a period of six days and have an opportunity to participate in a plethora of activities and advancements in our eight program areas.



Camp Liberty is our Boy Scout resident camp that focuses on the patrol method. Scouts prepare their own meals as patrols in the campsite. The ingredients are provided by camp and picked up from the Commissary. Scouts stay a period of six days and have an opportunity to participate in a plethora of activities and advancements in our program areas.

While At Liberty or Freedom

all the basics on the program for your stay at camp

Liberty Daily Schedule

6:30 a.m.	Reveille
6:30 a.m.	Morning Program
7:00 a.m.	Food pick-up
7:45 a.m.	Flag raising
8:00 - 8:30 a.m.	Breakfast
9:00 a.m. - 12:00 p.m.	MBs / Activities
9:15 - 9:45 a.m.	Leaders' meeting
10:00 a.m.	Sick call
12:00 p.m.	Food pick-up
12:30 - 1:00 p.m.	Lunch
1:15 p.m.	SPL Meeting
1:00 - 2:00 p.m.	Siesta
2:00 - 3:30 p.m.	MBs / Activities
3:00 - 5:00 p.m.	Open program*#
5:00 p.m.	Food pick-up
6:00 - 6:30 p.m.	Dinner
7:15 p.m.	Flag lowering
7:25 p.m.	Evening program
10:30 p.m.	Taps

Freedom Daily Schedule

6:30 a.m.	Reveille
6:30 a.m.	Morning Program
7:40 a.m.	Waiters report to DH
7:50 a.m.	Flag raising
8:00 - 8:30 a.m.	Breakfast
8:45 - 9:15 a.m.	Leaders' Meeting
9:00 a.m. - 12:00 p.m.	MBs / Activities
9:00 a.m.	Sick call
12:00 p.m.	SPL meeting
12:10 p.m.	Waiters report to DH
12:30 - 1:00 p.m.	Lunch
1:00 - 2:00 p.m.	Siesta
2:00 - 4:00 p.m.	MBs / Activities
3:00 - 5:00 p.m.	Open program*#
5:40 p.m.	Waiters report to DH
5:50 p.m.	Flag lowering
6:00 - 6:30 p.m.	Dinner
7:15 p.m.	Evening program
10:30 p.m.	Taps

*C.O.P.E./Climbing areas are open for merit badge participants only.
#Open program times may vary by area. Reference the area schedule for details.

Leaders' Meetings

In order to share important information and answer leader questions, a unit leaders' meeting is scheduled each day (except check-out day) in camp. We will meet in the Program Hall (6:45 p.m. on check-in day) to review the day and discuss tomorrow's activities.

Senior Patrol Leader Meetings

In order to help strengthen the youth leadership in your unit, a senior patrol leaders meeting is scheduled. We will review the day and discuss tomorrow's activities.

Liberty and Freedom Check-In Process

things to help you prepare for a fun, safe week

There are as many as 1,200 campers plus 180 staff sharing Heritage Reservation with your unit during an average week of camp. It is essential that we all follow some basic guidelines, procedures and policies to make sure everyone has a great time while here. Our common Scouting bonds are the Scout Oath and Law.

Saturday Early Arrival

guidelines for troops that check-in early

As a courtesy, the Laurel Highlands Council Camping Committee has made early arrival available for units traveling to camp. Early arrival is intended for units in need of religious accommodations, units travelling from a great distance, and for small unit leadership corps (SM, ASM, JASM, SPL, PL) to prepare and setup campsites prior to the arrival of the rest of the unit.

There is a $50 fee per unit for early arrival (for up to 10 people). Extra people arriving early will be charged $10 each. Meals are not provided.

- All early arrivals must complete the online early arrival request form at www.lhcscouting.org/camping.
- Plan to arrive between 3:00 and 5:00 p.m. Please don't arrive prior to, or after this time. This is the only time during which the vehicle access gates will be open.
- You may park your unit trailer in the designated area for your campsite if it has one. Other vehicles must return to the parking lot before the gates close at 5:00 p.m.
- When arriving at camp, a unit leader must check in at the Program Hall.
- Each unit must have two adult leaders to meet youth protection guidelines.
- All program areas are off limits! No swimming is allowed. No program equipment can be requested until 12:30 p.m. on Sunday.
- Heritage vehicle access policy is enforced for all early arrivals. Only one vehicle at a time is permitted to travel to the unit's campsite, and a strict 10 MPH speed limit is enforced.
- You may use an equipment cart to haul your gear to your site on Saturday. When finished, please return it to where you found it.
- Your campsite has been set up according to the map provided on the bulletin board. If you choose to move equipment, please do so knowing that you must reset the campsite as it was before checking out on Saturday.
- Please be courteous to units that have not yet arrived in camp by respecting their campsites and equipment.
- The camp Trading Post will be open from 7:00 p.m. to 8:00 p.m.
- **On Sunday you will continue with the check-in process (pg 29).**



At least one leader from every troop will need to attend the Leaders' Meeting on Sunday at 6:45 p.m. in the Program Hall.

Check-In Day

how to make your first day at the greatest place on earth a smooth one

With many Scouts and leaders arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced.

1. Upon arrival at Heritage, your unit will be directed to your camp's parking lot so that you may begin to move in on foot using our trek carts. Gates will open at 12:30 p.m. to allow in one vehicle per campsite. **Any Scouts or leaders participating in the full week Eagle Base program should be dropped off at Pathfinder Lodge near the main entrance.**
2. A member of the staff assigned to be your host will first visit your campsite and then the parking lot to meet your unit. They will then assist and lead your unit throughout the entire check-in procedure, as well as give you a complete tour of camp, so everyone is familiar with where things are located.
3. The unit leader responsible for all registration matters should report directly to the Program Hall with four copies of the unit roster, any schedule changes, and a patrol breakout for patrol cooking (Liberty). Leaders should also provide proof of PA background clearances (pg 55). Other fees including guest meals and Order of the Arrow are paid during the week. Schedule changes for Scouts and Scouters are subject to class capacities.
4. Medical checks will take place in your campsite. A member of our medical check staff will visit shortly after you've moved in. Be prepared to present a copy of everyone's forms for camp (BSA Medical Form Parts ABC, Supplemental Medical Form). After a successful medical check, each Scout or Scouter will be issued a wristband.
5. Change into your swimming suits, grab a towel, put on shoes and continue to Aquatics for swim tests. On the way to Aquatics, the camp tour will make stops at the Dining Hall (Freedom), the Commissary (Liberty), and the Quartermaster building to share useful information for your week at camp.
6. After arriving in the Aquatics area, you will receive a brief orientation. This is required for anyone to enter the Aquatics area during your stay. After swim tests, each camper will be assigned a "buddy tag" which stays on the buddy board in the area.
7. Return to your campsite, review and inspect camp issued gear with your campsite host, change clothes for the evening meal (Scout uniform), and finish your campsite set-up. **Day Trek participants must meet at their respective Program Hall for an orientation meeting with signed release forms available online. Freedom at 4:00 p.m. and Liberty at 5:00 p.m.**
8. Flag lowering will be at 5:50 p.m. with dinner following. Camp Freedom in the Dining Hall and Camp Liberty will have a camp wide picnic meal near the Commissary.

Activity/Advancement Sign-Up at Camps Liberty and Freedom

- Upon request, you will receive a print out of all your Scouts/Scouters and what merit badges/activities they are registered for according to the online registration system.
- See someone in the Program Hall on the day you arrive for questions about what advancement opportunities your Scouts should take or registration procedures.

The Courage Conquest

a fun and innovative way to recognize achievements



The Courage Conquest is a recognition program aimed at Boy Scouts and Cub Scouts attending Heritage Reservation during the summer. By participating in various events throughout the week, different pebble patches are earned and can be displayed on the hexagonal patch pictured above.

Upon check-in, all Scouts and leaders will receive the 2018 center patch, the velcro backing and their camp pebble patch for free. Additional pebble patches can be earned throughout camp, or purchased in the Trading Post for $1 each.

Pebbles for 2018

Awards
Brownsea Island Honor Camper
Polar Bear Swim
Scoutmaster Merit Badge
Acorn Service Award
Helping Hands Award
Certified Angler Award

Program Area Special Events
Handicraft - Board Game Showdown
Eco-STEM - Imagineering Challenge
Scout Scholar - Search and Rescue Mission
Archery - William Tell Precision Shoot
Trail to First Class - Hack, Lash, and Burn
Scoutcraft - Catapult Contest
Aquatics - Aqua Carnival
Trading Post - Slushie Scientist
Shotgun - Bird Buster Tournament
Program - Deep Friend Patch Trading

Activity Pebbles
Geocaching
ATV
Dutch Oven Cooking
Day Trek
COPE / Climbing
ATV
Orienteering
Order of the Arrow
Sporting Arrows
Chalk Ball

In addition to earned pebbles, a wide selection of special interest pebbles are available for purchase in the trading post.

Advancement in Camp

very important stuff, please read carefully!

One of the methods of Scouting is to foster healthy association with proper role models. The genius of Scout advancement stems from the opportunity to visit with a counselor and share in the friendship, encouragement and expertise he or she may offer the Scout.

Supporting Scouting's advancement philosophy, opportunities offered at camp are geared principally to rank advancement and merit badge subjects related to the outdoors where resources are more readily available than at home.

Advancement is not the principal objective of the camp program. There needs to be time for fun and to bring a positive, successful, outdoor camping experience to all Scouts and leaders. If a Scout comes to camp and does nothing but work towards advancement, the program is certainly incomplete.

Troop leaders should be sensitive to the capacity of the individual and assure that the program he pursues is appropriate to rank and age. A first year camper could work on a few merit badges such as Leatherwork, Fingerprinting, Fish and Wildlife, or Mammal Study. He can also work towards advancement at the Trail to First Class program.

Troop leaders with skills in offered merit badge topics are encouraged to share their talents at the program areas. Remember, the camp staff remains responsible for the certification of the requirements.

Advancement and Your Program

very important stuff, please read carefully!

Advancement is not an end in itself, it is the result of a good program. It should be achieved through a natural experience. We should therefore plan activities which will give a Scout opportunities to use his skills for a functional purpose and to demonstrate his proficiency naturally. A Scout advances by doing things with his patrol, his troop, his leaders and on his own. A natural experience should have these four elements: the Scout prepares; the Scout qualifies; the Scout is reviewed; and the Scout receives recognition.

The summer camp advancement program is a unit responsibility. The camp staff will guide, counsel and instruct, but is not responsible for planning or directing a troop's program.

Each unit leader should prepare a detailed advancement plan before arrival, to include:

- Setting realistic goals for each Scout. Discourage making the number of merit badges earned a primary summer camp objective. Three to four merit badges is a reasonable goal for an average 13 year old Scout.
- Review with each Scout the advancement path he plans to take. Scouts should be familiar with the requirements in advance. We recommend that they have the merit badge pamphlet for each badge.
- **Schedule Scouts as buddies.** Traveling to and from merit badge classes should be done while utilizing the buddy system to help keep Scouts safe.
- **Schedule Scouts according to camp geography.** Travel time from area to area can vary. Do your best to create schedules without excessive travel times.
- Evidence of partial completions from the Scout's local "home" counselor must be presented to the camp counselor. The "Application for Merit Badge" (blue card) has a section to record partials.

Trail to First Class

our first year camper program

Our first year camper program has been a fantastic success in the past! With recent revisions, we are set to offer a top notch program to your newer Scouts. The program allows first year Scouts to enter a five-day program which mixes outdoor skills, Scouting values, and FUN! Multiple offerings of the five core skill sets allow for low instructor to camper ratio. Trail to First Class incorporates the majority of rank requirements from Tenderfoot to First Class, as well as a variety of classic Scouting games and activities. Our schedule for this year incorporates several first year appropriate merit badges for Scouts to earn.

- Leader's assistance in the area is always welcome, and troops that send more than five boys are encouraged to send at least one leader. See page 37 for detailed information.

Merit Badge Program

very important stuff, please read carefully!

Scouts will attend a number of instruction and review sessions with the counselors. A few things to keep in mind:

- Just because a Scout attends a session, this does not mean that he passes the requirements that were taught that day. Scouts are usually taught as a group, but are reviewed individually.
- Leaders should make an effort to sign Scouts up for classes with a buddy to help with travel to and from merit badge classes.
- Instruction begins on Mondays for most badges. However, work can be started at any time throughout the week on most badges. Please see the Area Director in each program area if a Scout would like to begin a badge mid-week. Scouts who begin badges mid-week typically will not complete the badge at camp.
- If a Scout is going to miss an instruction session, he needs to let the counselor know to set up a make-up appointment.
- Troop leaders are encouraged to monitor the progress of their Scouts in each merit badge. Daily reports will be available through the unit mailboxes in the Program Halls to help keep troop leaders informed about the status of each Scout's advancement.
- Counselors maintain instruction records for each badge, noting each Scout's attendance and progress in completing requirements. We maintain a record of this after camp at Flag Plaza Scout Center.
- On Friday evening after the campfire, merit badge cards are signed by members of the staff and are made available for inspection in by troop leaders.

Merit Badge Cards

A Scout must present the counselor with a merit badge card signed by his Scoutmaster. Merit Badge Applications (blue cards) will be collected by the respective instructors on the first day of class. Heritage Reservation will accept the standard three-part merit badge cards issued by National Supply.

Merit Badge Preparation

Each Scout should determine what merit badges he wants to work on before he gets to camp and complete preparation on as many requirements as possible before camp. Many merit badges cannot be completed at camp without some prior work or preparation. If this prior work is not done, the Scout can only earn a partial in those merit badges at camp. The Scout must bring evidence of work completed, either a merit badge card with completed requirements signed by a counselor or a note from a unit leader. The camp staff will not abbreviate or short cut any requirements.

All About Prerequisites

understanding what can be done in camp and out of camp

Starting Requirements (SR)

These are requirements that the Scout needs to complete before taking the merit badge/activity. For example, a Scout must complete Canoeing or Kayaking Merit Badge before starting Whitewater Merit Badge. If the Scout has not completed these starting requirements, shown with an (SR) before coming to Heritage, they will not be able to sign up for the merit badge/activity. See the example below.

Prerequisites (P)

These are requirements that the Scout needs to complete before camp if they want to complete the merit badge/activity while at camp. For example, a Scout must complete requirement 2b of Photography before coming to Heritage if they want to complete it while at camp. Prerequisites are shown with a (P) noting under the requirement column. See the example below. The Scout must bring evidence of work completed, either a merit badge card with completed requirements signed by a counselor or a note from a unit leader.

Post Camp Requirements (PC)

These are requirements that the Scout will need to complete after camp. Post Camp Requirements are shown in the requirements column listed with a (PC). See the example below. The Scout can complete the merit badge at home once the post camp requirements have been fulfilled.

Levels of Difficulty

Listed in parentheses after each merit badge/activity is a letter that indicates its difficulty.

- (A) - Difficult merit badge/activity, for older Scouts with three or more years in Scouting.
- (B) - Appropriate for advancing Scouts with two or more years in Scouting.
- (C) - Easy merit badge/activity, appropriate for all Scouts.

Comments

Comments listed for each merit badge/activity provide additional details that will help you in your planning and preparations.

Merit badge	Requirements*	Comments
Archery (B)	None	Extra practice time needed
Small-Boat Sailing (B)	Be a Swimmer (SR)	CPR certification card fulfills Req. 1b
Fire Safety (C)	Req. 6ab (P), 11 (P)	None

***Requirement numbers listed are taken from the Merit Badge Requirements listing on www.scouting.org. Merit badge pamphlets may have incorrect or outdated requirements listed, so please refer to the website or current Boy Scout Requirements Book when inquiring about requirement specifics.**

Completing Requirements After Camp

Sometimes it is not possible to complete all of the merit badge requirements at camp due to time requirements, approvals and/or proper instruction. As a result, Scouts will receive a partial at camp and are encouraged to find an approved troop or district counselor to finish at home.

Advancement & Activity Schedule

when and where you will find every activity

Area	9:00	9:30	10:00	10:30	11:00	11:30
Aquatics	Sailing (10)			Sailing (10)		
	Canoeing (12)			Canoeing (12)		
	Swimming (12)*			Swimming (12)*		
	Lifesaving (12)*			Lifesaving (12)*		
	Motorboating (6)		Motorboating (6)		Motorboating (6)	
	Snorkeling (12)		Paddleboarding (6)		Kayaking (12)	
	Watersports (5)			Watersports (5)		
	Paddle Craft Safety and Swim and Water Rescue (6)					
COPE / Climbing	Climbing (9)			Climbing (9)		
Ecology and Stem	Environmental Science (12)*			Environmental Science (12)*		
	Environmental Science (12)*			Environmental Science (12)*		
	Robotics (12)			Robotics (12)		
	Reptile Study (12)		Vet Medicine / Medicine (12)#		Mammal Study/Nature (12) #	
	Nuclear Science (12)		Chemistry (12)		Weather (12)	
	Chemistry (12)		Nuclear Science (12)		Engineering (12)	
Fishing	Fishing (12)@		Fly Fishing (12)@		Fish and Wildlife (12)@	
Shooting Sports	Rifle Shooting (16)			Rifle Shooting (16)		
	Shotgun (8)			Shotgun (8)		
	Archery (16)			Archery (16)		
Handicraft	Art (12)		Leatherwork (12)		Leatherwork (12)	
	Space Exploration (12)		Indian Lore (12)		Space Exploration (12)	
	Woodcarving (12)		Woodcarving (12)		Chess / Game Design (12)#	
	Fingerprinting/Basketry (12)		Photography (12)		Fingerprinting/Basketry (12)#	
Scoutcraft	Camping (12)*		Camping (12)*		Camping (12)*	
	Scouting Heritage (12)		Exploration (12)		Backpacking (12)	
	Wilderness Survival (12)		Orienteering (12)		Wilderness Survival (12)	
Scout Scholar	Citizenship in the Nation (12)*		Citizenship in the Nation (12)*		Citizenship in the Nation (12)*	
	Citizenship in the World (12)*		Citizenship in the World (12)*		Citizenship in the World (12)*	
	Emergency Prep (12)*		Law (12)		Salesmanship (12)	
	Public Speaking (12)		First Aid (12)*		Public Health (12)	
	First Aid (12)*		Communications (12)*		First Aid (12)*	
	Communications (12)*		Fire Safety (12)		Communications (12)*	
Trail to First Class	Rank Advancement Instruction (18)					
	Rank Advancement Instruction (18)					

(#) Capacity per camp of the Merit Badge
*** Merit Badge is Required for Eagle**



All advancement and activity selections for youth and adults should be entered into the online system beginning April 16 until one week before camp (pg 76).

Classes are offered on a first-come, first-served basis, so register your youth early to ensure availability. To better streamline the scheduling process, waitlists will not be available.

Advancement & Activity Schedule

when and where you will find every activity

Area	2:00	2:30	3:00	3:30	4:00	4:30
Aquatics	Canoeing (12)			Open Program		
	Swimming (12)*					
	Lifesaving (12)*					
	Rowing (8)					
	Motorboating (6)					
	Kayaking (12)					
	Waterspouts (5)					
	Paddle Craft Safety and Swim and Water Rescue (6)					
COPE / Climbing	Project C.O.P.E. (9)			Project C.O.P.E. (9)		
Ecology and Stem (Located in Liberty)	Environmental Science (12)*			Open Program		
	Environmental Science (12)*			Open Program		
	Robotics (12)				Open Program	
	Astronomy (12)		Forestry (12)			
	Engineering (12)		Open Program			
	Electricity (12)					
Fishing	Fishing (12)@		Fly Fishing (12)@		Fish and Wildlife (12)@	
Shooting Sports	Rifle Shooting (16)			Open Program		
	Shotgun (8)					
	Archery (16)					
Handicraft	Leatherwork (12)		Graphic Arts (12)		Open Program	
	Space Exploration (12)		Pulp and Paper (12)			
	Woodcarving (12)		Open Program			
	Chess / Game Design (12)					
Scoutcraft	Cooking (12)			Open Program		
	Geocaching (8)					
	Pioneering (12)					
Scout Scholar (Located in Freedom)	Citizenship in the World (12)*		Citizenship in the World (12)*		Open Program	
	Citizenship in the Nation (12)*		Citizenship in the Nation (12)*			
	Search and Rescue (12)		Emergency Prep (12)*			
	Disability Awareness (12)		Open Program			
	First Aid (12)*					
	Communications (12)*					
Trail to First Class	Mammal Study/Nature (24)#		Trail to Open Program			
	Fingerprinting/Basketry (24)#					

 # Badges are earned concurrently.
@Merit Badges are required for Complete Angler Recognition.



All advancement and activity selections for youth and adults should be entered into the online system beginning April 16 until one week before camp (pg 76).

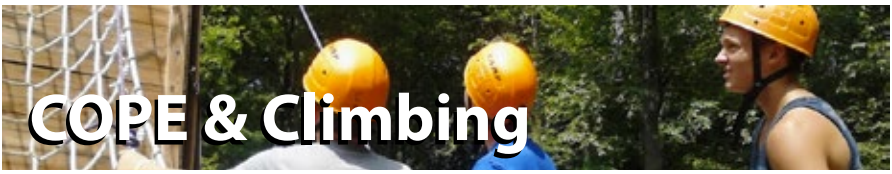
Classes are offered on a first-come, first-served basis, so register your youth early to ensure availability. To better streamline the scheduling process, waitlists will not be available.



Aquatics

Merit Badge	Requirements	Comments
Canoeing (B)	Req. 2 (SR)	
Kayaking (C)	Req. 2 (SR)	
Lifesaving* (A)	Req. 1a (SR)	CPR certification card fulfills Req. 13. Bring long pants, long sleeve shirt and belt for disrobe. Swimming MB recommended
Motorboating (B)	Req. 2a (SR)	
Small-Boat Sailing (B)	Req. 2 (SR)	CPR certification card fulfills Req. 1b
Swimming* (C)	Req. 2 (SR)	Must be a Swimmer.
Watersports (B)	Req. 3 (SR)	Previous waterskiing experience recommended, additional $50 fee.
Activity	**Requirements**	**Comments**
Instructional Swim	None	Not a Merit Badge, open program activity
Mile Swim (A)	Be a Swimmer (SR)	Not a Merit Badge
Paddlecraft Safety (A)	Be a Swimmer and 16 or older (SR)	Not a Merit Badge, replaces BSA Lifeguard for unit level boating activities
Snorkeling (C)	Be a Swimmer (SR)	Not a Merit Badge, limited space for adults.
Stand Up Paddleboarding (B)	Be a Swimmer	Not a Merit Badge
Swimming & Water Rescue (A)	Be a Swimmer and 16 or older (SR)	Not a Merit Badge, replaces BSA Lifeguard for unit level swimming activities

See page 27 for more information about requirements and levels of difficulty.
*Required for Eagle.



COPE & Climbing

Merit badge	Requirements	Comments
Climbing (A) *	None	Recommended for those 13 and older Extra time for practice needed
Activity	**Requirements**	**Comments**
Project C.O.P.E.	None	Recommended for those 13 and older

See page 27 for more information about requirements and levels of difficulty.
*Climbing located at the C.O.P.E. Course.



Trail to First Class

Trail to First Class offers opportunities to help young Scouts progress toward rank advancement. The schedules are designed to cover the requirements that naturally fit into the camp setting focusing on Scouting skills. Each Scout will receive a TFC Passport that tracks their accomplishments throughout the week. This serves as a record for leaders to sign-off Scout Handbooks at the end of the week.

The patrol method is heavily emphasized in Trail to First Class and Scouts will function in patrols throughout their week. Trail to First Class Scouts will sign up for a 9:00 a.m. - 12:00 p.m. program that encompasses rank requirements. Participants may choose to earn Basketry and Fingerprinting or Mammal Study and Nature during merit badge instruction in the afternoon.

If a Scout only needs help on a few requirements, they should sign up for merit badges and come to Trail to First Class during open program. Open program at Trail to First Class runs from 3:00 - 5:00 p.m. and is a good way to make up missed requirements or to complete new ones.

Trail to First Class Scouts also have the opportinity this year to participate in a Trail to Outpost Overnighter. This optional trip will focus on wilderness survival skills and campsite cooking. **To participate in this trip, Scouts must bring their own tent and sleeping gear.**

Rank	Requirements Covered	Comments
Scout	1a, 1b, 1c, 1d, 1e, 1f, 4a, 4b, 5	Morning session at TFC throughout the week
Tenderfoot	1a, 1b, 1c, 2a, 2b, 2c, 3a, 3b, 3c, 3d, 4a, 4b, 4c, 5a, 5b, 5c, 7a, 7b	Morning session at TFC throughout the week
Second Class	1b, 1c, 2a, 2b, 2c, 2f, 2g, 3a, 3b, 3c, 3d, 4, 6a, 8a, 8b	Morning session at TFC throughout the week
First Class	3a, 3b, 3c, 3d, 5a, 5b, 5c, 5d, 7a, 7b, 7c, 7f	Morning session at TFC throughout the week
Basketry Merit Badge Fingerprinting Merit Badge Mammal Study Merit Badge Nature Merit Badge	All requirements for the badge will be covered at camp	Held in the Trail to First Class area at the scheduled afternoon time slot
Trail to Open Program	Explore the things that open program has to offer in small groups led by our instructors	Held in the Trail to First Class area at the beginning of Open Program
Trail to Outpost Overnighter	Expanded requirements including dutch oven cooking and wilderness survival skills	Overnight trip on Tuesday evening, Scouts must bring their own tent

We do encourage unit leaders to help out at Trail to First Class. Adults are welcome to join us on the 5-mile hike or Outpost overnight camping trip.



Shooting Sports

Merit badge	Requirements	Comments
Archery (B)	Req. 1c (P)	Extra time for practice needed, located at the Archery Area
Rifle Shooting (A)	Req. 1d, 1f (P)	Extra time for practice needed, located at Reservation Shooting Sports Center
Shotgun Shooting (A)	Req. 1d, 1f (P)	Recommended for those 13 and older Additional $25 fee
Activity	**Requirements**	**Comments**
3D Archery (B)	None	Not a merit badge, located at the Shotgun Range
Chalk Ball (C)	None	Not a merit badge, located at Archery Area
Sporting Arrows (B)	None	Not a merit badge, located at the Shotgun Range
Merit badge	**Requirements**	**Comments**

See page 33 for more information about requirements and levels of difficulty.



Day Trek

Day Trek is a fantastic adventure for that older Scout who is staying with the troop, but is not participating in the merit badge program. Shortly after breakfast, Scouts will join our Eagle Base day program for high adventure activities before returning to Camp Liberty or Camp Freedom at approximately 5:00 p.m.

Evenings are spent in Freedom or Liberty participating in campwide programs with the rest of the Scout's troop, therefore Day Trek campers may not participate in Eagle Base evening program. During the day, Scouts can select from adventures including caving, whitewater rafting, mountain biking, and sporting clays, but will not be able to earn merit badges during program time. **Refer to page 48 for required equipment for Eagle Base Program.**

Although Day Trek participants stay at Liberty or Freedom, registration is completed in the Eagle Base section of the online registration system. There is an additional fee of $50 to participate in the Day Trek program. Payments are made through your camp's registration by choosing the Freedom/Liberty Day Trek option.

Participants must meet at the Program Hall on Sunday for an orientation meeting - bring completed vendor release forms (www.lhcscouting.org/camping).

Monday through Friday participants meet at the entrance to the Chapel in the Liberty Parking lot at 8:40 a.m. to be transported to the daily activities.



Ecology - STEM

Merit badge	Requirements	Comments
Astronomy (B)	None	Evening observations required
Chemistry (B)	None	
Electricity (B)	Req. 2, 9a (P)	
Engineering (A)	Req. 1 (P)	Read the Engineering Merit Badge pamphlet before coming to camp
Environmental Science* (A)	Req. 3e (P)	Req. 4 can be completed at home, be sure to bring your journal to camp along with your report
Forestry (B)	Req. 5, 8 (P)	
Geology (B)	None	
Mammal Study (C)	None	
Medicine (B)	Req. 10 (P)	
Nature (C)	None	Req. 4 can be started at home
Nuclear Science (A)	None	Recommended Chemistry MB
Reptile & Amphibian Study (C)	Req. 8 (P)	Bring your journal to camp
Robotics (A)	Req. 6 (P)	
Veterinary Medicine (B)		Includes field trip to a local veterinary medicine clinic
Weather (B)	Req. 9 (P)	Bring Req. 9 to Camp

See page 33 for more information about requirements and levels of difficulty.
*Required for Eagle.







Handicraft

Merit badge	Requirements	Comments
Art (C)	Req. 6 (P)	None
Basketry (C)	None	None
Chess (B)	None	None
Game Design (B)	None	Requires open program time to test games
Fingerprinting (C)	None	None
Graphic Arts (A)	None	None
Indian Lore (C)	None	Includes field trip to Fort Necessity National Battlefield
Leatherwork (C)	None	None
Photography (B)	Req. 1B (P)	Bring a digital camera and Cyber Chip
Pulp and Paper (C)	None	None
Space Exploration (C)	None	Do not bring your own rocket or engines
Woodcarving (B)	Totin' Chip (SR)	No pocket knives w/blades over 3.5"



Scoutcraft

Merit badge	Requirements	Comments
Backpacking (A)	Req. 9, 10, 11 (P)	
Camping* (A)	Req. 4b, 5e, 7b, 8d, 9a, 9b (P)	Most of the written work can be completed at home
Cooking (B)	Req. 4cde (PC)	Requires cooking time during some meals.
Signs, Signals, & Codes (B)	None	Practice braille, semaphore, and Morse code prior to camp
Exploration (B)	None	None
Geocaching (B)	Req. 8 (P)	Includes a field trip to Ohiopyle State Park
Orienteering (A)	None	None
Pioneering (A)	None	Proficiency in basic knots required
Scouting Heritage (B)	Req. 4, 6 (P)	Must attend Deep Fried Patch Trading
Wilderness Survival (B)	None	For Req. 5 bring your kit to camp, involves spending a night in an improvised shelter

See page 33 for more information about requirements and levels of difficulty.
*Required for Eagle.



Scout Scholar

Merit badge	Requirements	Comments
Citizenship in the Nation* (A)	None	Includes field trip to Fort Necessity National Battlefield
Citizenship in the World *(A)	None	
Communication* (B)	Req. 5 (P)	
Crime Prevention (C)	Req. 2 (P), 4, 7 (P)	
Disabilities Awareness (C)	Req. 2 (P)	
Emergency Preparedness* (B)	Req. 2c (P), 6c (P), 8b(P)	Req. 8b bring documentaiton of your kit to camp, First Aid Merit Badge required for completion
Fire Safety (C)	Req. 6ab, 11, 12 (P)	None
First Aid* (B)		Req. 2d bring your kit to camp, Current CPR certification card fulfils Req. 3b
Public Health (B)	None	Includes field trip to Heinz Food Service
Public Speaking (B)	None	
Law (B)	Req. 4 (P)	Mock trial during open program required
Salesmanship (C)	None	
Search and Rescue (B)	Req. 4 (P), 6ab (P)	None
See page 33 for more information about requirements and levels of difficulty. *Required for Eagle.		



Fishing

Merit badge	Requirements	Comments
Fish and Wildlife Management (B)	None	Required for Complete Angler recognition program
Fishing (A)	None	Required for Complete Angler recognition program. Bring your own rod and tackle
Fly Fishing (C)	None	Required for Complete Angler recognition program. Bring your own fly rod
See page 33 for more information about requirements and levels of difficulty.		



Leader Programs

Help Us Help You
We understand that your own unit's interests are the number one priority, but we welcome your assistance to make Heritage even better. Help is always appreciated within program areas, merit badge instruction, guarding on the Waterfront and service projects.

Scoutmaster Merit Badge
Pick up a list of the requirements in the Program Hall to get started exploring camp, participating in activities and helping Scouts have a great camping experience.

Scoutmaster Barbeque
We want your feedback! Join us for a cookout as we talk about how your week went at camp, and things we can do in the future to improve. We make it a priority to listen to you as we plan for years to come, so help us as we work toward our goal of constant improvement.



Adult Leader Training

Scoutmaster Position Specific Training
Monday, 9:30 a.m. - 12:00 p.m., 2 :00- 4:00 p.m.
How effectively the Boy Scouts of America influences the lives of youth depends on its leaders and their ability to apply the aims and methods of Scouting - these are the keys, and developing the ability to use these keys is what this course is all about. It is designed for Scoutmasters, assistant Scoutmasters, and junor assistant Scoutmasters. However, committee members and other adults connected to a Boy Scout troop are welcome to attend.

Intro to Outdoor Leadership Skills
Tuesday - Friday, 9:30 a.m. - 12:00 p.m., 2:00 - 4:00 p.m.
Specifically, this hands-on program gives adult leaders a practial introduction to the patrol method of a boy-led troop by teaching many of the practical outdoor skills they need to lead Scouts in the outdoors. In addition, the teaching methods, activities, and games model the variety of teaching used in effective and engaging Scouting programs.

Swimming and Water Rescue & Paddlecraft Safety
Aquatics: these Boy Scouts of America courses replace BSA Lifeguard for unit level swimming and boating activities. Each course is ten hours long.

Additional Trainings
If you are interested in taking any other trainings including Climb on Safely, Trek Safely, Safe Swim Defense, Safety Afloat, or Leave No Trace, please visit the Program Hall to speak with one of our staff members. These can be arranged dependent on interest and staffing.



All adult leaders are encouraged to pre-register for training sessions using our online registration system. Registration opens April 16 and runs through one week before camp.



Awards

We have lots of awards to challenge the individual, the patrol and the troop. Speak with the Camp Director, Program Director or Senior Camp Commissioner to learn more.

Acorn Service Award
Tall Oaks From Little Acorns Grow. Plant your acorn by performing one hour of service to camp. We have many conservation and maintenance projects available.

Brownsea Island Honor Camper Award
This award provides each Scout the opportunity to earn an award based upon his own personal experience during a week-long encampment.

Green Bar Bill Honor Patrol Award
Includes opportunity for group-decision making, as well as gives your Patrol Leaders an opportunity to take initiative to lead their patrols towards earning the award.

Baden-Powell Honor Troop Award
This award is designed to give your Senior Patrol Leader and junior leadership the initiative to work towards completing requirements for an award that honors the troop as a whole.



Morning Program

There is no better way to start your day than joining us for this year's new and exciting Morning Programs. Scouts and leaders who participate in at least four morning programs throughout the week will earn a limited edition Sunrise Pebble Patch!

All activities begin at 6:30 a.m. and all are welcome. You will receive a daily program schedule upon arrival at camp.

Polar Bear Swim - Take a polar bear plunge into Lake Courage!
Iron Man 2.0 - Swim, run, and boat your way to glory in this trial that is not for the timid.
Mile Swim - The first leg of the Iron Man bright and early in the morning.
Vespers - Join us for sunrise service and non-denominational worship.
Canoe Paddle Adventure - See nature on the lake at its finest during the waking hours.
First Light Fishing - Join our certified angler instructors and hook the big one!
Daybreak Dart - A brisk 3K run around camp and through the forest.
Morning Merriment - Challenge the staff to the sporting event of your choice.
Meditation and Yoga - Find your inner zen as you center on peaceful relaxation.
Outdoor Painting - Grab a mini canvas and watercolors and show us your best plein air.



Evening Programs

Sunday

- Leaders' Meeting, 6:45 p.m., Program Hall: a first day orientation to prepare you for the rest of the week. Please send at least one adult leader from your unit and bring advancement changes.
- Opening Campfire, 8:00 - 9:00 p.m., Campfire Circle: meet in the parade field following dinner, sit back and enjoy the staff welcoming you home with skits, and songs.



Monday - Tuesday

- Campwide Event, 7:15 - 9:00 p.m., Monday at Freedom, Tuesday at Liberty: campers will compete as patrols in a variety of activities. Events will challenge each member's Scout skills, teamwork and spirit.
- Movie Night, 8:15 - 10:15 p.m., Monday at Liberty, Tuesday at Freedom: bring a camp chair and grab some popcorn as we screen a summer blockbuster on our big outdoor movie screen.
- Star Walk, 9:00 - 10:00 p.m., Monday at Freedom, Tuesday at Liberty: campers will join Eco-STEM staff members on a night hike, focused on astronomy and space.



- OA Calling-Out Ceremony, 7:30 - 8:45 p.m.: meet at Parade Field: Each Scoutmaster should talk with the Order of the Arrow Coordinator on Sunday to discuss your unit's involvement with the Order of the Arrow during your stay.

Thursday

- Steak Cookout, 6:00 - 7:00 p.m.: gather around the campfire to cook your dinner on the coals! Enjoy a campsite-cooked meal with your troop. All supplies are provided.
- Troop Program Night, 7:15 - 9:00 p.m.: let your PLC decide. Sign up for a self-guided troop night in one of our areas. Go on outpost, challenge another troop to a friendly competition? Your imagination is the limit. Your unit may sign up at the Sunday night leaders meeting, first-come first-served.
- Order of the Arrow Brotherhood Ceremony, 7:30 - 8:30 p.m., Reservation Circle: all Brotherhood and Vigil Order of the Arrow members are encouraged to attend these induction ceremonies.

Friday

- Closing Campfire, 7:00 - 8:30 p.m., Campfire Circle: skits, songs, and awards.
- Blue Card Party, 8:45 - 9:30 p.m.: verify that all your Scouts' blue cards and activity awards have all been processed. Staff will be present to answer questions.



Open Program

Special Program Area Events

Throughout the week, join us as we highlight our program areas with special events, held daily during Open Program. Participants in these events will receive special Courage Conquest pebble patches!

Handicraft	Board Game Showdown - Demo our Game Design MB prototypes!
Eco-STEM	Hovercraft Challenge - Construct a hovercraft and race against friends.
Scout Scholar	Search and Rescue Mission - Mobilie and organize - teamwork is key.
Archery	William Tell Precision Shoot - Ready...aim...shoot the fruit!
Trail to First Class	Hack, Lash, and Burn - Cut materials, lash a structure, and burn it down!
Scoutcraft	Catapult Contest - Build a catapult and launch things across camp.
Aquatics	Aqua Carnival - Come one, come all - join in this wet, wacky activity.
Trading Post	Slushie Scientist - What kind of crazy concoction can you come up with?
Shotgun	Bird Buster Tournament - First one to miss a clay is out - will you last?
Program	Deep Fried Patch Trading - Bring something to fry and patches to trade!

Additional Activities

- Program areas will host special activities throughout the week in addition to the ones listed above. Stop by during open program in any area to see what exciting things we've got going on.
- Open shooting, boating, sports, swimming and additional program area instruction. For open shotgun, passes can be purchased in the Trading Post (5 rounds for $3).
- Open program is a great time to finish that partial from last year.
- You can pick up a map of the marked Hiking Trails in the Program Hall and hike away.
- Service Projects: a list of pre-approved camp service projects will be provided in each camp prepared by the Ranger staff.
- Grab your map and compass and head out on one of our new orienteering courses. Courses for all ability levels are available.
- You can spend a night away from the camp canoeing to and from the Outpost camps. Choose from several outpost locations where you provide your overnight gear practicing the principles of Leave No Trace.



Order of the Arrow

The Order of the Arrow (OA) plays a vital role in the camping program of our council. Those who are honor Scouts in their units are recognized through their election to the OA. The objective of Allohak Menewi Lodge #57 is to promote the camping program of the council, to recognize honor campers and to provide opportunities for cheerful service.

Meetings

There will be one meeting for all OA members at 1:15 p.m. Tuesday at the Program Hall to discuss preparations for the OA ceremonies on Wednesday and Thursday evenings.

Home Troop Election

Since 2015, home troop elections are the only way to elect candidates. Elections will not be held at summer camp.

A troop election should be conducted at a predetermined troop meeting. Home Troop Elections are to be held anytime up through May 31, by an authorized representative. In order for a home troop election to be authorized by the lodge. Elections are to be coordinated by the chapter (Service Area) in which your troop is located and can be requested by contacting your Chapter Advisor.

Calling-Out Ceremony

The Order of the Arrow callout ceremony will take place on Wednesday night. This is a unique opportunity for Scouts and Scouters to be recognized for their contributions to their troops. Per National OA guidelines, out of Council units wishing to participate in a callout Ceremony while at camp will either need to bring or have sent to camp a letter from their home lodge granting permission to conduct the callout.

Brotherhood Induction

Ordeal members eligible to seal their membership in the OA (a current member with ten months tenure since Ordeal completion) can take part in the Brotherhood induction process at camp. Brotherhood counseling will take place on Monday through Thursday shortly after lunch; the camp OA coordinator will designate an exact time and location. The Brotherhood induction ceremony will take place on Thursday evening. Each member completing his Brotherhood membership during camp will pay a fee to cover the cost of the Brotherhood sash. This fee must be paid at the Program Hall before the candidate can participate in the Brotherhood ceremony.

Order of the Arrow Summer Service Award

Under the direction of the Camp OA Commissioner, Order of the Arrow members may complete one task related to the Brotherhood ceremony and one task related to the Calling Out ceremony to receive a special recognition item. An approved service project may be substituted at the Lodge's discretion.



Trading Post

snacks, camping equipment and souvenirs for all

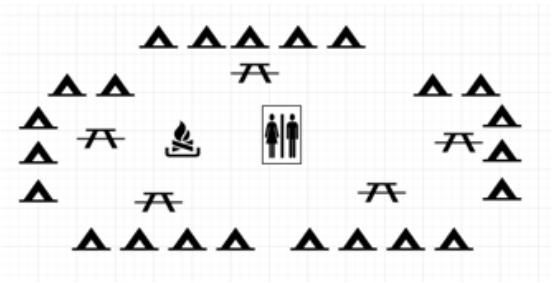
In addition to our online store, the Trading Post is provided as a service to campers. The store is stocked with a supply of program materials, literature, merit badge supplies, fishing gear, camping gear, clothing, patches, collectibles, souvenirs, snacks, candy, pop, ice cream and various personal items. The average camper spends $100 in the camp store. For ease of purchase, please consider purchasing one of our convenient Heritage gift cards before camp. More information can be found on page 8.



Campsites

the amenities away from home

- Campers stay in camp-provided wall tents, with wooden floors to keep campers off the ground.
- Each unit will camp together, two youth to a tent and two adults to a tent.
- Campers are provided a cot to sleep on.
- Adults sleep in separate tents from youth. Male and female youth will not share a tent.
- Male and female adults will sleep separately unless married to each other.
- Scouts should not share a tent if they are more than two years apart in age.
- **Each campsite will be set to its capacity and organized into patrols comprised of four - five tents, a picnic table, and a dining fly.** Troops may rearrange the equipment as they see fit, but it is the troop's responsibility to reset the campsite before leaving as they found it upon check-in.



Troops with Scouts and Scouters in excess of their campsite's capacity should plan on bringing their own gear to supplement the equipment provided by camp.

- Each campsite has a water source with potable water (safe for drinking) and a fire ring for campfires. Please do not create additional fire rings.

Showers and Latrines

- Several shower buildings are available in each camp. They are designated for youth male, youth female, adult male, or adult female. Please respect the privacy of others. Units will be responsible for signing up to clean a shower building during their stay.
- Each campsite has a latrine. Units are responsible for keeping it clean.

Gear Lists

what is provided and what to bring

What NOT to Bring to Camp

Shooting Equipment	Other Valuables	Excessive jewelry	Firewood
Fireworks	Un-Scoutlike clothing	Aerosol cans	Pets
Alcohol	Pornography	Knives with blades over 3.5”	Boats
Cell Phones	Tobacco (p 54)		
MP3 Players	Drugs of any kind	Laser pointers	

Gear Each Individual Should Bring

Sneakers	Hat	Medication	Sunglasses
Hiking shoes	Rain Gear	Hygiene Items	Flashlight
T-Shirts	Swimsuit (one piece for females)	Sunscreen	Compass
Underwear		Insect repellent	Pocket knife
Socks	Scout uniform	First aid kit	Knife/Fork/Spoon
Long pants	Scout handbook	Sleeping bag	Plate/Bowl/Cup
Long-sleeve shirts	Merit Badge Books	Small pillow	Water bottle
Water shoes	Notebook	Extra blanket	Fishing gear
Shorts	Pencils/Pens	Backpack	Camera
Sweatshirt or Jacket	Towel	Watch	Spending money

Gear Units Should Bring

Liberty	**Independence**	**Freedom**	**Eagle Base**
Lantern	Lantern	Lantern	Lantern
Troop & Patrol Flags	Pack and Den Flags	Troop & Patrol Flags	Troop/Crew Flag
First aid kit	First aid dit	First aid kit	Extra tarps and tents
Extra tarps and tents	Extra tarps and tents	Extra tarps and tents	First aid kit
Woods tools	Woods tools	Woods tools	Woods tools
Dutch ovens	Dutch ovens	Dutch ovens	Medication lock box
Troop library	Extra sleeping bag	Troop library	
Maps & compasses	Medication lock box	Maps & compasses	
Troop kitchen		Troop kitchen	
Medication lock box		Medication lock box	

Gear Provided By Heritage

Liberty	**Independence**	**Freedom**	**Eagle Base**
Platform tents	Platform Tents	Platform tents	Platform tents
Cots	Cots	Cots	Cots
Dining fly	Dining fly	Dining fly	Dining fly
Picnic tables	Picnic tables	Picnic tables	Picnic tables
Garbage bags	Garbage bags	Garbage bags	Garbage bags
Flag Pole / US Flag	Flag Pole / US Flag	Flag Pole / US Flag	Flag Pole / US Flag
Running water	Running water	Running water	Running water
Latrine (toilet)	Latrine (toilet)	Latrine (toilet)	Latrine (toilet)
Shower facilities	Shower facilities	Shower facilities	Shower facilities
Patrol box			
Propane stoves			
Cook kits			

Eagle Base Trek and Day Trek participants should check the website for activity specific equipment lists.



Dining Halls

The Dining Halls at Camp Freedom, Independence, and Eagle Base provide campers with excellent food service. During the Sunday check-in, the Dining Hall Manager will review all procedures with your unit, helping to ensure an enjoyable dining experience all week. All meals provided through the camp food service will be peanut/nut free.

Cafeteria Style Dining

Campers at Independence and Eagle Base will eat meals "cafeteria style" in the Dining Halls. Scouts and leaders will progress through a buffet line and served food and drink by our staff.

Family Style Dining

At Camp Freedom, we serve meals "family style." The food is sent out to each table (10 seats) in serving bowls and platters. This is done by the use of a rotating waiter system. Each unit is assigned to a number of tables in the dining area for the week. An adult from each unit is required to sit at a table with the Scouts. Portion control is essential to the success of "family style" dining. The adult and waiter at each table have the duty to make sure everyone has an equal portion before anyone starts eating. A Scout is courteous and kind!

Table Waiters

- Waiters rotate throughout the week. It isn't assigned to all of the new Scouts. Older, more experienced Scouts are needed to train first time campers on the waiter system.
- When two troops have odd numbers and cannot fill a table, another troop in the same situation will be placed together at the same table. It will be the responsibility of the troops to set-up a fair waiter system. A Scout is friendly.
- Waiters arrive at the Dining Hall 20 minutes prior to each meal. It is important to be prompt. The Dining Hall Manager gives all waiters instructions on their responsibilities at each meal. They set the table, get staff totems, and retrieve for their table.
- Waiters also clean-up after the meal and are dismissed from the Dining Hall by the Dining Hall Manager.

Dietary, Religious and Special Food Requests

The camps at Heritage Reservation do their best to accommodate for dietary, religious or special food needs, and can store any special foods brought to camp on a limited basis. Storage is available in our Dining Hall/Commissary refrigeration. Please do not bring peanut/tree-nut based products into the Dining Hall.



Nutrition Group, Inc. is contracted to provide all of Heritage Reservation's food and menu needs. The menus are carefully prepared to meet as many needs as possible for all campers. Camp menus will be posted in May on our web site. Please review them and share any special needs via the online Special Diet Request form (www.lhcscouting.org/camping). This form must be submitted two weeks prior to arriving at camp to ensure adequate preparation.

Accommodations can only be made for special dietary situations of which we are aware.



Patrol Cooking

The success of the patrol cooking method has stood the test of time and is well proven. Concern over the time it takes a patrol to cook has been addressed. The meal plan includes cooking for breakfast, limited cooking for lunch, and only cooking five dinners. This provides plenty of time to enjoy the camp programs and advancement opportunities.

Preparing meals in camp is an integral part of the program at Camp Liberty. It is one of the best ways of implementing the patrol method. Encourage and direct your Scouts to follow the plan, taking turns at jobs, preparing the meals completely and cleaning up thoroughly after each meal.

Menus and Food Preparation

The menu for all meals to be served at camp has been thoroughly reviewed and field-tested. They are wholesome, plentiful and have boy appeal. The preparation instructions are written, so that Scouts can easily follow them. Expert skill is not required to produce a satisfactory meal. By following the instructions as they are written, a fine meal will be enjoyed by all.

Recipes will be distributed to each patrol when the food is issued. Care must be taken to follow them exactly. Experimentation should not be allowed unless an adult leader is present. Your staff guides or commissioner will work with any of your patrols that require additional help. Spice jars are for sale in the Trading Post to enhance the flavor of your food.

Dietary, Religious and Special Food Requests

The camp does its best to accommodate for dietary, religious or special foods, and can store any special foods brought to camp on a limited basis. Nutrition Group, Inc. is contracted to provide all of Heritage Reservation's food and menu needs. The menus are carefully prepared to meet as many needs as possible for all campers. Camp menus will be posted in May on our web site. Please review them and share any special needs via the online Special Diet Request form (www.lhcscouting.org/camping). This form must be submitted two weeks prior to arriving at camp to ensure adequate preparation.

Food Pick Up (7:00 a.m. - Breakfast, 12:00 p.m. - Lunch, 5:00 p.m. - Dinner)

Food will be picked up at the Commissary by each patrol or crew for each meal. For health reasons, remaining milk should never be put into a cooler, but rather discarded. Any plastic containers used for food issue must be cleaned and returned to the Commissary when picking up the next meal. It is recommended that a leader help with pick up to ensure a proper count on all meal ingredients.

Personal Equipment

Scouts and leaders need to bring their personal equipment including their own water bottle and eating utensils. These items will not be supplied by camp. Leaders should reproduce the enclosed personal equipment checklist (pg 48) and hand it out to all Scouts.

Dishwashing

Adult leaders are asked to give close attention to the thoroughness of patrol/crew cleanup. Here are some procedures to maintain good health:

- No washing of dishes in or near water stand and latrine.
- Make sure wash water is hot and sanitizing water is hot.

Staple Issue
An initial supply of staple items such as salt, pepper, sugar, dish soap, oil, etc. will be made on Sunday afternoon when picking up each patrol's pack baskets. These are to be kept throughout the week in the cooking box only. Reissue of these items will be made on "as needed" basis. Unit leaders are asked to take the necessary precautions to insure the proper use (and not waste) of these items. Sanitation tablets will be issued at the beginning of the week.

Ice Coolers - Food Storage
The camp will attempt to provide one bag of ice per day to each patrol/crew at lunch for cold drinks. Ice from this machine is not designed to keep unit coolers stocked. Additional ice may be purchased from the Trading Post. Health regulations are very clear about the dangers of keeping milk, meats and other items in ice coolers. The proper temperature level cannot be maintained in coolers to store most foods safely. It is practical to only store certain drinks, but not milk. As a general warning, storing any type of food in the campsite will attract animals.

Charcoal and Propane (Camp Liberty)
Units will receive one 18.5 lb bag of charcoal for every 20 Scouts. This can be used to help prepare dutch oven desserts and Friday dinner. Additional charcoal is available for sale in the Trading Post. All 20-pound propane cylinders are filled each week and will provide more than enough fuel to cook all of your meals and heat dishwater during your week at camp. If a patrol/crew, through wasteful use of propane, runs out of fuel, the unit will be charged up to $50 for an additional cylinder.

No other accessories, such as lanterns or additional stoves may be attached to the Heritage propane cylinders or stoves. This practice is necessary to prevent propane leaks and in order to extend the lifetime of the fittings. If a patrol/crew tampers with the fittings or regulator on their stove, it will be charged $25 for a new hose and fittings.

Set up stoves so that the windshields are facing into the prevailing breeze. Do not place the stove directly under the dining tarp; this can damage the tarp and create a fire hazard. An adult leader must be present in the campsite and must supervise the lighting and use of propane stoves.

Dishwater Disposal
A sump box for dishwater disposal is available in each campsite. All dishwater must be disposed of by using this box. Do not allow the Scouts to dispose of dishwater in any other manner. The funnel and strainer at the sump box must be cleaned daily. Your staff guide will instruct you on proper use of this facility.

Garbage and Trash Disposal
Garbage bags will be provided for transporting garbage to the dumpsters located in the parking lot. Garbage should be brought out of the campsite after each dinner. Your staff guide will give you additional information about trash disposal and recycling.

Buffet Meals
Sunday dinner will be served to the entire camp "buffet style" at the Commissary and requires no preparation by the patrol or crew.

Patrol Box Check-Out / Check-In
Patrol boxes issued to units will be inventoried by the unit upon check-out to ensure all equipment is included in the box. At the end of the week, units will sign up for an appointment to clean and inventory their boxes at the Quartermaster building. Washing, rinsing, and sanitizing of all wares is required by PA Health Department regulations.

Camp Health Services

the ins and outs of staying healthy at camp

Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.

Medical Screening in Camp
Upon arrival to camp, each camper will undergo a face-to-face medical screening with a Health Officer or trained designee and receive a wristband. This will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property. **Medical forms not picked up at week's end will be destroyed.**

Annual Health and Medical Record
All campers are required to use of the Annual Health and Medical Record (#680-001). Camps Liberty, Freedom, Eagle Base, and Independence four-day sessions require parts A, B, and C. Independence three-day sessions require only parts A and B.

Supplemental Medical Form
Each camper must also present a Supplemental Medical Screening Form at check-in. This form helps us meet several National Boy Scout standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.

CPAP Machines
Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited and you may be relocated.

Illness & Injury
A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls, Pathfinder Lodge for Eagle Base. The schedule will be posted in the camp Program Hall and given to your unit upon check-in.

Accommodations for Scouts with Limited Mobility
Heritage Reservation is proud to offer a camp golf cart that is available for use by Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come, first-served basis by contacting our LHC Camping Department at (412) 325-7921.

Prescription Medication
Due to the number of campers at Heritage Reservation, unit leaders are responsible for administering and maintaining security of prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Refrigerated storage under lock and key is available in the Program Hall.

Emergencies
If an emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary.

Immunizations
The BSA requires tetanus shots for anyone attending BSA programs or activities where an Annual Health and Medical record is required. Other age appropriate immunizations including those protecting against measles, meningococcal disease, influenza, and other maladies are strongly recommended by the BSA. Exceptions to tetanus immunizations will be accepted for medical, religious, or philosophical reasons. Individuals requesting an exemption must complete a BSA Immunization Exemption request form to be turned in with your Annual Health and Medical record at check-in.

Uniontown Hospital and MedExpress
Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or MedExpress by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is sufficient.
Uniontown Hospital 500 W. Berkley St., Uniontown, PA 15401 Phone 724-430-5000

Insurance For Camp

just in case... be prepared

Insurance (Laurel Highlands Council)
All Laurel Highlands Council units are covered under the Council accident and sickness policy with Health Special Risk, Inc. (HSR). The insurance covers all registered members of your unit. As long as your unit premium was submitted to the Council office during your re-chartering process, you do not need to bring proof of unit insurance to camp.

Insurance (Out of Council Units)
Each unit is required by council policy to provide proof of current accident and sickness insurance covering all Scouts. This is the same policy that your unit should already have. A copy of the unit's Description of Coverage and Claim Form must be presented at check-in.

Coverage (Laurel Highlands Council)
The HSR (Health Special Risk) Accident and Sickness insurance is a supplemental insurance. Initial claims must be made on the family's medical insurance. Any charges that are not covered initially by the family's medical insurance can be submitted to HSR using the proper claim form with invoices showing balances due. For families without their own medical insurance, HSR will step in as primary insurance coverage.

Camp-Wide Emergencies

a run-down of what to do

- In the event of a camp-wide emergency such as a missing camper or lost swimmer, the camp siren may sound, at which time, all adults and Scouts are instructed to report to:
- Liberty: your campsite - account for everyone and send two runners to the Program Hall to check in and receive further information/instructions.
- Freedom/Independence: the Dining Hall - account for everyone and check in with a staff member and wait to receive further information/instructions.
- Eagle Base: Pathfinder Lodge - account for everyone and check in with a staff member and wait to receive further information/instructions.
- In the event of severe weather, camp staff will constantly monitor weather reports and share information as needed. Should weather move in quickly, seek shelter in a building or pavilion immediately as you see fit.
  Anyone who becomes aware of an emergency situation or danger should notify the nearest staff member who will contact the appropriate camp leadership.
- Any information in regards to an unauthorized visitor, dangerous animal or bomb threat, should be reported to a staff member immediately.

Pre-Camp Swim Classification

information on taking your swim classifications before camp

Units are encouraged to complete a swim classification prior to their arrival. By participating, you will save valuable campsite setup time on check-in day. This will also make it easier to do individual unit aquatics activities before you come to camp.

- Units may complete their swim classification through one of several swim nights in the spring. As locations and dates are secured they will be posted online.
- Trained staff members will certify that each Scout and Scouter completing the classification meets the requirements for their skill level.
- Units may also complete swim classifications prior to camp on their own. A BSA Lifeguard, Red Cross Lifeguard or equivalent must administer the classification records and certify the results.
- Forms and procedures for unit run swim classifications are available online.
- If you are offering a unit swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this with other units.

Qualification Levels

- SWIMMER: allows Scouts to swim in all swim areas and boat in open areas of the lake.
- BEGINNER: allows boating in rowboats or paddle boats and swimming.
- NON-SWIMMER: permits wading and boating only with qualified accompaniment.

Swimmers Classification

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or crawl (no dog-paddle); then swim 25 yards using an easy, resting elementary backstroke. The 100 yards must be completed in one swim without stops and include at least one sharp turn. After completing the swim, rest by floating.

Beginners Classification

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.

Our Aquatics Directors reserve the right to reverify swim classifications if needed.



If you are offering a unit or district swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this with other units.

Preventing Harassment and Bullying in Camp

making sure everyone has a safe experience

Harassment is defined as occurring when an individual engages in unwanted conduct which has the purpose or effect of violating another person's dignity, or creating an intimidating, hostile, degrading or offensive environment for that person. Harassment can take a variety of different forms and can be written, verbal, nonverbal or transmitted electronically.

Bullying is defined as the exercise of power over another person through persistent, negative acts or behavior that personally undermines an individual. Bullying can be threatening, insulting, abusive, disparaging or intimidating behavior on the recipient.

Summer camp is a place for all Scouts, Scouters, and Staff to experience a fun and rewarding outdoor program. Maintaining a safe environment for everyone is conducive to such a program. Harassment and bullying will not be tolerated, and are grounds for immediate dismissal from camp without refund.

Youth Protection in Camp

making sure every youth has a safe experience

These policies have been adopted to provide security for Boy Scouts of America youth at Heritage Reservation. In addition, they serve to protect the adult leadership from situations where they may be vulnerable to allegations of abuse. These policies represent the long-standing commitment that the Boy Scouts of America use in ensuring the protection of youth.

All adults camping at Heritage Reservation are required to have successfully completed BSA Youth Protection training and obtained the required PA Background checks and clearances.

Two-Deep Leadership
Two registered adult leaders or one registered adult leader and a parent of a participant, one of whom must be 21 years of age or older, are required on all trips and outings. Trips with female youth must also include a 21 year-old (or older) female leader.

No One-on-One Contact
One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, the meeting is to be conducted in view of other adults and Scouts. This rule also applies to adult-to-staff member contact.

Respect of Privacy
Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. Similarly, adults also need to protect their own privacy in such situations. Separate showering facilities are utilized at camp - one for youth males (under the age of 18), one for youth females, one for adult males (18+) and one for adult females. The privacy of others using those facilities must be respected and not adhering to this policy could cause for the removal from camp. Some shower facilities will have times restricted for staff use only.

Separate Accommodations
When camping, no youth is permitted to sleep in the tent of an adult, other than his own parent or guardian. Males must sleep with males; females must sleep with females. The only mixed-gender accommodations allowed are among adults married to each other. No youth member may share a tent with another youth where there is more than two year difference in their ages.

No Secret Organizations
There are no “secret” organizations recognized by the Boy Scouts of America. All aspects of the Scouting program are open to observation by parents and leaders.

Appropriate Attire
Proper clothing for activities is required; ie, skinny-dipping is not appropriate in Scouting. T-shirts are required at all times while not in Aquatics.

Constructive Discipline
Discipline used in Scouting should be constructive and reflect Scouting’s values. Corporal punishments are never permitted.

Hazing Prohibited
Hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior Leadership Training and Supervision
Adult leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.

Mandatory Report of Child Abuse

All persons involved in Scouting shall report to local authorities any good-faith suspicion or belief that any child is or has been physically or sexually abused, physically or emotionally neglected, exposed to any form of violence or threat, exposed to any form of sexual exploitation, including the possession, manufacture, or distribution of child pornography, online solicitation, enticement, or showing of obscene material. You may not abdicate this reporting responsibility to any other person.

Steps to Reporting Child Abuse

1. Ensure the child is in a safe environment.
2. In cases of child abuse or medical emergencies, call 911 immediately. If the suspected abuse is in the Scout's home or family, you are required to call the child abuse hotline.
3. Notify the Scout executive or his/her designee.

If you think any of the BSA's Youth Protection policies have been violated, including those described within Scouting's Barriers to Abuse, you must notify your local council Scout executive or his/her designee so appropriate action can be taken for the safety of our Scouts.

Policies and Procedures

things to help you prepare for a fun, safe week

There are as many as 1,200 campers plus 180 staff sharing Heritage Reservation with your unit during an average week of camp. It is essential that we all obey some basic guidelines to make sure everyone has a great time while here. Our common Scouting bonds are the Scout Oath and Law. Here are a few more policies that will make life easier in camp.

Firearms, Archery and Boating Equipment

Heritage Reservation provides all guns, archery and boating equipment for our programs. No personal equipment is allowed in camp. There are no exceptions to this policy.

Money and Valuables

Leaders and campers are encouraged not to bring valuables to camp. There is not a system at camp to secure these items. Heritage Reservation cannot take responsibility for any valuable items. Put names on every item prior to arriving at camp. Lock valuables in your car or in the unit trailer. Leaders are encouraged to help youth keep track of their trading post money.

Scout Camper Eligibility

All youth must be registered members of the Boy Scouts of America to attend camp. Please make sure registrations have been turned in to your local service center prior to arrival. All adults accompanying a Boy Scout troop for more than 72 hours must be registered members of the Boy Scouts of America.

Roll Call

A current unit roster must be kept in camp with the adult in charge. Attendance should be taken prior to each meal, before bed and in the morning prior to reveille. If a Scout should be missing, contact the nearest staff member immediately.

Stone Throwing

Stone throwing seems natural, but it can cause serious injury. It will not be tolerated outside of appropriate ranges and constitutes cause for sending a camper home.

Alcohol and Tobacco

Alcohol is strictly prohibited on the property. Violation of this policy will result in dismissal from camp with no opportunity for a refund. All buildings at Heritage Reservation are tobacco-free. If you have the desire to use tobacco and cannot refrain from doing so, please do so in the designated areas and not in front of the Scouts. Smoking is not permitted near gas tanks or gas boxes, both are clearly marked. We also ask that you assure your cigarette or cigar is out and deposit the butt in an appropriate receptacle.

Visitors
Parents and family are free to visit camp. Please park in the parking lots. All visitors to Heritage Reservation are asked to sign-in at Keystone Lodge for Eagle Base or one the respective Program Halls and receive a wristband. Under no circumstances can a Scout be taken home without notifying the unit leader and the camp office by signing out and providing a release of minor form.

Wristbands
All Scouts, leaders and guests must wear camp wristbands at all times. These bands are intended as a safety precaution to determine who should be in camp, where they should be and to signify that each participant wearing one has completed the proper camp check-in procedures. Wristbands are issued during the medical recheck. Replacement wristbands are available in the Program Halls. Staff members will wear photo identification badges. If you see someone without a wristband or badge, please alert the staff.

Program Halls
Each of the Program Halls is open 24 hours a day. They are used as a leaders lounge, as well as the administrative offices of the camps. Tea and coffee are available. There is always someone in the building to assist you. This is the place to go with any camp emergencies.

Fishing Policy
No live bait except worms and night crawlers may be used in Lake Courage at any time. Fishing is not permitted in any swimming areas or from any boating docks. Lines should not be cast towards swimming area ropes or any type of floating device anchored for marking, safety or direction. No fishing from any craft, except rowboats-without permission of the Aquatics staff. All fishing is catch and release.

Camp Boats and Fishing
Only rowboats may be used and must include an adult. The craft may not be taken out under adverse weather conditions. Craft must be left clean, oars and life jackets returned as instructed, and all trash removed from the area. The Aquatics Director must be informed in advance each time the crafts are to be used for fishing purposes. No motors are permitted.

Camp Equipment
All items issued to units are the responsibility of the Unit through the unit camp leader. Units are responsible for reimbursement to the council for lost or damaged items. A complete inventory of these will be provided and must be signed for by the unit camp leader. A Scout is trustworthy. Please let us know if something gets lost or damaged. Don't hide it!

Damage to equipment such as tents, tarps, cots and tables will be assessed according to a schedule available in the camp office. Leaders should check all equipment for condition as soon as possible after arrival and arrange for exchange of defective equipment, or have staff representatives note deficiencies on inventory sheet.

In the event of purposeful vandalism to any camp equipment or facilities, the individual responsible will be charged the appropriate repair or replacement cost of the item and may be asked to leave camp. If it is unknown who committed the vandalism, all units within the camp will be charged the same repair or replacement cost.

Leaving Camp
A sign-out/sign-in log is kept in the camp office and must be used by anyone leaving camp (and later upon his or her return). Scouts are not permitted to leave camp without the written permission from their unit leaders and Camp Director and must have a Release of Campers Who are Minors form properly filled out before they can leave camp.

Vehicle Access
Unrestricted use of private vehicles during arrival and departure from camps and during the week creates a great hazard to Scouts and leaders on foot as well as excessive wear and damage to utility lines. All vehicles will be directed to the parking lot(s) of the respective camp. THE SPEED LIMIT IN CAMP IS 10 MPH. Please obey it; we are responsible for your children, so please respect this and drive accordingly while in camp. Driving in and around camp beyond the parking lots is a hazard with the amount of foot traffic. It is therefore prohibited. Only Heritage Reservation vehicles are permitted beyond the parking lots.

During check-in and check-out, each unit may designate one motor vehicle to unload and load equipment and baggage. Upon arrival, each unit will receive one vehicle pass that must be displayed to allow that vehicle to proceed beyond the camp parking lot gate to the unit's camp site. This pass will be returned to the site-guide when Sunday check-in has concluded.

Unit Trailers
One trailer may be left at the unit's campsite during the week at camp only if there is a designated trailer space at the site. No motor vehicle may be left in camp after arrival and check-in is completed. Trailers not left in designated spaces must be parked in the camp parking lot.

Handcarts
Each of the camps will provide a handcart to each campsite for light-duty hauling during the unit's week at camp. Handcarts will be numbered and assigned to the senior adult leader in each site and that leader will be responsible for care, use and return of the cart.

Lost & Found
All camps located at Heritage Reservation will hold any items for two weeks following the last day of camp. Articles may be retrieved by claiming the item in person at the applicable camp's business office. Items not claimed within the two-week period will be disposed of or donated.

Firewood
Due to the threat of Emerald Ashborer and other pests, it is the current policy of the Laurel Highlands Council Camping Outdoor Program and Properties Committees to prohibit the movement of firewood of all types and species into our camps. All of the surrounding counties currently have additional quarantines to prevent the spread of plant pests. Each of our camps have a limited amount of fallen trees and this can be gathered and burned while in camp. The cutting of standing timber is not allowed at any of our facilities.

Shoes
Closed-toed footwear is required everywhere in camp except for the waterfronts. Soft soled shoes should be used in all boats. This is to prevent foot injuries due to trip hazards.

Bicycles
For health and safety reasons, personal bicycles are not permitted to be ridden in any of our camps. There are no exceptions to this policy.

Cliffs, Boulders and Rock Formations
These areas found throughout camp are off limits! Please supervise your Scouts and make sure that they understand the safety issues of these areas in camp.

Pets
Pets are not allowed on property. Exceptions will be made for medical assistance dogs.

Potomac Homes and Staff Areas
These areas are off limits to all campers, both Scouts and adults.

Liquid Fuels
Use of liquefied petroleum (LP), propane or butane lanterns and stoves is permitted in needed situations with proper safety control and adult supervision. The convenience and relative safety of LP gas allows its approved use under conditions of proper installation and control. A responsible adult should handle replacement and disposal of empty cylinders.

Low-pressure, liquid fuel ("white gas" and Coleman fuel) stoves and lanterns are hazardous and are therefore prohibited on council camping property except for high adventure and backpacking training. In such cases, responsible adult supervision is required.

The use of liquid fuels for starting any type of fire is prohibited, including damp wood, charcoal or ceremonial campfires. Kerosene for lanterns should be kept in well-marked safety cans and stored in a ventilated, locked box located away from buildings and tents. Plastic containers are not permitted. The use of gasoline in camp is strictly limited to motors only.

The use of petroleum or coal based liquid fuels, including kerosene or diesel fuel, is prohibited for torches, trail flares or other open burning devices. Suitable alternatives include luminaries (candles in sand-weighted paper bags) for trail flares or commercially available torches using electricity or clean-burning, environmentally acceptable fuels.

Incoming/Outgoing Mail
All incoming mail will be available in your unit's box in the Program Hall. Bring any outgoing mail to the Program Hall and put in the mailbox.

Please have mail addressed in this manner:

Camper's Name, Unit #, Camp
Heritage Reservation
300 Heritage Road
Farmington, PA 15437



Email / Internet
Internet access in the camps is limited and only for staff use. High speed wireless Internet is available for leader use at our Keystone office between the hours of 8:00 a.m. - 5:00 p.m.

Telephone (724) 329-8534
The Heritage Reservation office is staffed during normal business hours. After hours, there is a CQ that will be on duty to answer the phones. As Scouts and leaders can be all over camp and are not near a phone, messages will be taken and delivered to the unit via the unit mailbox.





Heritage Check-Out Process

how to end your week without a hitch

With as many as 1,200 Scouts and leaders departing at the same time, we need your help. We want to make this the easiest, fastest, and most efficient check-out process you've ever experienced. Staff will be available in the parking lot and at various check-out points to assist wherever needed.

Breakfast

- Camp Liberty: pick up your continental breakfast at 7:00 a.m. from the Commissary.
- Camp Independence: delivered to your campsite between 7:00 and 7:30 a.m.
- Camp Freedom: pick up your continental breakfast at 7:00 a.m. from the Dining Hall.
- Eagle Base: attend breakfast at 8:00 a.m. at the Pathfinder Dining Hall.

Campsite Checkout

1. Reset the campsite to match the original layout on the provided map.
2. Sweep the floors and wipe down walls in the campsite latrine. Scrub and clean urinal, toilet seats, and washbasin. Be sure to wear gloves and wash hands afterward.
3. Wash and rinse picnic tables. Clean all stoves, cooking and campsite equipment and return to the respective boxes. Return all items checked out from the Quartermaster. All unreturned items will be billed to the unit.
4. Pick up all trash in and around your campsite (campsite, latrine, fire rings, tents, under floorboards). Sort your trash and take it to the dumpsters in the parking lots.
5. Rinse out the waste receptacles, sump funnels and sump buckets.
6. Review your campsite and camp equipment with your campsite host.
7. Settle any remaining balances on your unit's account at the Program Hall.
8. Don't forget to sign up for the 2019 season (pg 75).
9. Depart camp by 10:00 a.m., so staff can prepare for the next session and get some needed time off.



Frequently Asked Questions

typical questions asked at a unit promotion

Administrative

Do adults who attend camp need to complete PA Background Clearances?
Yes. All adult PA residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt provided they do not work with youth in PA more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms, see the Summer Camp Resources page (www.lhcscouting.org/camping/resources).

What training do leaders need to have to go to camp?
All adults attending camp must complete the BSA's Youth Protection Training. In addition, we recommend at least one adult complete Drive Safely and Hazardous Weather training. Youth Protection, Drive Safely, and Hazardous Weather training are all available online at my.scouting.org. All adults must also meet PA Background Clearance requirements prior to attending camp.

What are the procedures for problems/emergencies?
Our staff leaders are trained at National Camping School in how to deal with problems and emergencies. The entire staff trains for possible emergencies during staff training. We also work closely with local authorities and emergency services as needed. If you become aware of an emergency while in camp, immediately report it to the nearest staff member and follow their directions. Please do not directly call emergency response.

Do parents have to be registered Boy Scouts of America leaders to attend camp?
For Cub Scout, Webelos, and Venturing groups, the answer is no, but it is required that each unit has at least one registered leader in attendance. For Boy Scout groups, any adult who will be staying in camp 72 hours or longer must be a registered member of the Boy Scouts of America. All adults attending camp must complete the BSA's Youth Protection Training. All adults must also meet PA Background Clearance requirements prior to attending camp.

What if our unit does not fill/overflows the campsite we have chosen?
We understand that many units have a favorite campsite. Campsite capacities are determined based on location, available equipment, an impact on the environment among other things. It is important that we follow the set site capacities. If a unit does not completely fill their chosen site, it must be understood that another unit may be placed in the same campsite so as many Scouts are given a camp opportunity as possible. If a unit overflows their chosen campsite, they may be reassigned to a campsite that will fit their numbers, may have a portion of their unit moved into a nearby site with space, or, may have to provide their own camping equipment to set up additional tents in their chosen site.

Registration

How can I learn more about the Online Registration System (247Scouting)?
The 247scouting.com online reservation platform was chosen over our previous platform, Doubleknot, because it is much more intuitive and easier to use. That said, short tutorials are being prepared and will be added to lhcscouting.org/camping as soon as they are completed. A brief training will be offered at our pre-camp leader meetings in February. Otherwise you are welcome to contact the LHC Camping Department at (412) 325-7921 for assistance.

When is the registration cut-off?
We work to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability. See the Finance section below for information related to payment due dates.

Can I register after my unit has paid for camp?
We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability.

What if a parent can't take the full week off?
This is very common. We often see unit adults split weeks. For example, we see one adult come Sunday to Wednesday and another come Wednesday to Saturday. Our new registration is set up with a "Partial Week Adult" registration option which will figure out prorated fees automatically when you register adults for the days they will be in camp. If help is needed, contact the LHC Camping Department at 412-325-7921 and we can help you with the reservation. Adult leadership is an important part of the Scout camp experience. We will work with you to get your adults registered for camp.

What happens if we only have one adult able to attend camp?
The BSA requirement for Cub/Webelos Scouts and Venturers attending camp is a minimum of two adult leaders, one of which must be a registered leader and the second either a registered leader or the parent/guardian of one of the Scouts in attendance. All adults accompanying a Boy Scout troop to camp for 72 hours or more must be registered members of the Boy Scouts of America. In addition, for Cub/Webelos Scout programs, the BSA requires an adult to Scout ratio of one to four and every Cub/Webelos Scout must have an identified adult responsible for them. If your unit will not be able to meet these adult leader requirements please contact the LHC Camping Department at 412-325-7921 as soon as possible so we can either help connect you with another unit to share leadership or recruit an additional provisional leader for your unit.

Can I attend at a different time than the rest of my Unit?
Absolutely. Individual parent/son teams or parts of units may register for the session that best fits their schedule pending availability. Individual Boy Scouts or Venturers can join a provisional unit as a Lone Scout. Provisional opportunities for individual Cub/Webelos Scouts cannot be accommodated. Give the LHC Camping Department a call at 412-325-7921 and we can help connect provisional campers with host units.

Finance

What does the camp fee cover? Are there any additional fees?
Camp fees cover all program supplies, meals, lodging, recognition items, staffing and facility costs. Some special camp programs (Shotgun, Waterskiing, Day Trek) do incur additional fees. Participation in Order of the Arrow brotherhood conversion while at camp also has an additional fee.

If I can only attend for a partial session, what is the cost?
All youth fees are based on attending for the full session. Parents and leaders should share weeks to fill that space all week. To better accommodate adults work schedules, we do have an adult daily rate of $40 for those that cannot share a week with another adult.

Can I get a discount if I am going to more than one camp session?
For camp fee, due date, and available discount information go to lhcscouting.org/camping.

Finance

How do I apply for a campership? When will we find out if we received one? Can that fee be transferred to someone else? How much will my campership be?

Campership application forms are available online at lhcscouting.org/camping. Applications are due by MARCH 1. Awards will be announced by the end of March. Camperships are not transferable and are dependent upon the available funds, the number of qualified applicants, and the length of stay. Camperships are awarded upon merit. Campership amounts are determined by a volunteer committee. In 2016 and 2017, all campership applicants received some amount of campership assistance. This is not guaranteed.

When are camp fees due?

Camp fees must be paid in full, two weeks prior to camp attendance. To receive the lowest "Early Bird" rate, fees must be paid in full by April 1. If paid in full between April 2 and June 1, you will pay the second tier "Regular" rate. If paid in full after June 1, you will pay the third tier "Late" rate. For camp fee, due date, and available discount information go to lhcscouting.org/camping.

Do we still get free Adults and/or Den Chiefs?

Yes. For every six Boy Scouts that you bring to Camp Liberty, Camp Freedom, or Camp Seph Mack you will earn one free adult. For every six Cub/Webelos Scouts you bring to Camp Independence or Camp Seph Mack's Cub program you will earn one free adult. Each unit registration for Cub/Webelos camp entitles you to one free Den Chief. Free adults and Den Chiefs are calculated per unit per session. For every six Boy Scouts/Venturers you bring to an Eagle Base resident program, you will receive a $180 discount toward one adult. For camp fee, due date, and available discount information go to lhcscouting.org/camping.

Are advancements earned at camp included in the price of camp?

Program materials to meet advancement requirements are included in the camp fee. Some of the actual awards can be purchased in our camp trading posts and all can be purchased at your local Scout Shop.

Why are Eagle Base and Day Trek costs higher? Why do Eagle Base adults pay the same as youth?

Eagle Base and Day Trek programs are coordinated with partner vendors who have set costs for their programs. Higher fees account for the program costs charged by these vendors. Adults are needed to participate in Eagle Base programs to help maintain BSA required adult leadership requirements. Our vendor partners charge for adult participation.

Program

Do adults have to complete a camp swim test?

Any and all campers, youth and adult, who wish to participate in any aquatics program while at camp must complete a swim test. Swim tests can be completed prior to camp or can be completed as part of check-in on arrival day at camp.

How do I take a pre-camp swim test?

Pre-camp swim tests can usually be arranged at your local pool. Please follow the guidelines found on the Pre-Camp Swim Check form located at lhcscouting.org/camping. Bring the form with you when you check in on arrival day and turn it in at the aquatics area. This is encouraged as it will save your unit valuable time during check-in. Our camp aquatics staff reserve the right to retest any individual if they have any concerns about their swimming ability.

When will merit badge and activity sign-ups begin for the Boy Scout programs?
Merit badge, special activity, and Eagle Base activity sign-ups will open at 6:00 a.m. on April 16th . Sign-up is first come, first served. Some badges and activities fill extremely quickly. We encourage you to be prepared ahead of time with a list of what each Scout wants to take and backups. Forms to help you collect this information can be found at lhcscouting.org/camping.

Will Cub and Webelos Scout programs include advancement opportunities?
Yes. Where possible, we build completion of Adventure requirements into camp activities. Entire adventures, however, may not be completed while at camp. Information on requirements covered will be provided to an adult in each group during check out.

Meals

Can we review the camp menus before arriving at camp?
Yes. As soon as menus are available, they will be posted to lhcscouting.org/camping. For various reasons, sometimes planned meals are changed. Current menus will be posted at camp. Menus are approved by a registered dietician annually.

What if my Scout/I do not like what is on the menu?
Due to the large number of individuals being served at camp, it is extremely difficult to offer a number of different options at each meal. Substitutions will only be made for those with documented medical needs who make a special diet request at least two weeks prior to attendance. Fruit and materials to make Sun Butter and Jelly sandwiches will be available at all meals. Cereal will be available at breakfast. Additional options will be available through the camp trading posts.

I have a special dietary request/necessity, how can that be accommodated?
The Laurel Highlands Council is committed to accommodating reasonable requests. To do this, we must know about any special diet requests at least two weeks ahead of camp attendance. There is an online form linked at lhcscouting.org/camping to submit these requests. Our food service staff will follow up with each case to discuss specific needs. We will do everything we can to meet your health needs. In extreme cases, it may be necessary for you to provide your own food. Due to the large volume of campers, we cannot accommodate requests that are not due to health issues. It is also important for individuals who request special diets to personally identify themselves to the food service staff as part of the check-in process, so the staff can properly connect requests with requestors.

What is Sun Butter? Why not Peanut Butter?
In 2016, all peanut and tree nut products were eliminated from the food service at Heritage Reservation for camper safety. Some allergies can be extreme and this was done to keep everyone safe. Sun Butter is a safe, sunflower seed based alternative that looks, smells, and tastes almost exactly like peanut butter. Please do not bring any products that include peanuts or tree nuts into our dining facilities at Heritage Reservation.

How will meals be served?
Meals are served differently depending on which camp you attend. At Camp Independence, Camp Seph Mack, and Eagle Base, meals are served cafeteria style in a dining hall. At Camp Freedom, meals will be served family style in the camp dining hall. At Camp Liberty, campers will pick up their food from the camp commissary and cook it themselves, patrol style in their campsite.

Eagle Base

What is the difference between Eagle Base and Day Trek?
Eagle Base is the high adventure camp at Heritage Reservation. Through Eagle Base, there are two participation options. The first is the full Eagle Base resident program. Groups sleep and eat at Eagle Base, participate in high adventure activities on and off reservation during the day, and get to participate in fun evening programs. The second option is Day Trek. Day Trek is for older Scouts attending Camps Liberty and Freedom. Day Trek participants register with their troop in Camp Liberty and Freedom, sleep and eat with the troop in that camp, and participate in on and off reservation high adventure activities during the day. Eagle Base evening programs are not available for Day Trek participants.

Where can I get a detailed schedule of the activities offered?
A full schedule of activities offered through Eagle Base can be found in the current camp guidebook available at lhcscouting.org/eaglebase.

Is there something we should do in preparation for our Eagle Base adventure?
Yes. Eagle Base programs are high adventure in nature and are physically demanding. Make sure all participants from your group are in good physical shape, meet the height and weight guidelines found in the current camp guidebook, and come prepared with any required personal items listed in the current camp guidebook. Additional preparation information can be found in the current camp guidebook available at lhcscouting.org/camping.

Can we still participate in the programs at Camp Liberty and Freedom?
Day time Eagle Base resident and Day Trek programs are separate and most times off-site from Camps Liberty and Freedom. Day Trek participants will generally be out of camp from just after breakfast until just before dinner, and then will be able to participate in Camp Liberty or Freedom's evening programs with their home troops. Scouts interested in attending both Camp Liberty or Freedom and Eagle Base can return for a second week and receive a $100 discount to do so.

Where do we sleep and eat?
Eagle Base resident program participants will stay in the Earhart campsite near Heritage Reservation's Pathfinder Lodge. The campsite will have nylon wall tents with cots on wooden floorboards. Meals will be served cafeteria style in Pathfinder Lodge. Showers are also located in Pathfinder Lodge. Day Trek participants will stay with their home troop in Camp Liberty or Freedom.

Are there any age or other requirements for the high adventures?
Yes, participants must be 13 years old and a registered Venturer or Boy Scout. Also, Trek participants must be able to complete the BSA Swimmer Test. Experience in boating is encouraged. Other activity specific requirements can be found in the current camp leader guide available at lhcscouting.org/camping.

Are there separated accommodations for male and female leaders?
Following the BSA's youth protection guidelines adults must sleep in separate tents from youth. Males will sleep in separate tents from females. The only exceptions to this are married couples or a parent with his/ her own child.

Can our unit take all the spots of a given week?
Yes, pending availability and meeting adult leadership requirements.

How many adults are required?
Eagle Base resident program units will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants. Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (this must be pre-arranged through the LHC Camping Department). Units with Scouts participating in Day Trek do not need to provide adult leadership. Eagle Base Trek Guides fill this role. Adults are always welcome to come along.

I'm an adult leader with Scouts participating in Day Trek. Can I tag along?
Yes. Adults wishing to participate all week with their Day Trek participants will be allowed to do so, but will need to pay the higher, Eagle Base adult fee. If an adult wants to participate just in one day, they will be charged the balance due for that day's activities. Activity and transportation space is limited and youth are always given preference.

Camp Independence

I have a Cub Scout and Webelo, and one week of vacation – What should I do?
Most weeks, we offer a Webelos session followed by a Cub Scout session or vice versa. Schedule both of your sons to attend this week and you will be there the whole week. Each parent is not required to attend. Your son can go with another adult from the pack, as long as BSA adult leadership requirements are met. In 2018, we are offering a three-day Pack Camp opportunity where units can bring Scouts of all ages at the same time.

Can a sibling of a Cub Scout go to Camp Independence?
All youth participants must be registered Scouts. Camp is not outfitted to support siblings who are not registered.

Can a Webelos crossing over to Boy Scouts attend Camp Independence one last time?
No. The activities at Camp Independence are specifically tailored for the age of Cub and Webelos Scouts. He would have much more fun at one of the Boy Scout camps with his new Boy Scout troop. Also, missing the first year of Boy Scout camp may put him behind the rest of the Scouts in his patrol on his advancements.

Can adults stay over between sessions of Camp Independence?
Yes. This will need to be arranged with the Camp Independence leadership.

Can Webelos attend Cub Scout Camp or vice versa?
Each camp is geared toward that specific age range and will have activities and advancement particular to those ranks. Webelos attending a Cub Scout camp will likely be bored with the program.

Where do we sleep and eat?
Campers choose one of eight campsites and stay in canvas platform tents with cots. Each campsite has a latrine and hot showers nearby. All meals except for the campsite cookout for the Webelos are eaten in the Dining Hall and are prepared by the camps contract food service staff.

Do we get an opportunity to visit Heritage Reservation's Boy Scout Camps?
A hike to either Camp Liberty or Camp Freedom is part of the program during Webelos four-night sessions.

What is in the foil cooking meal? Do I need to bring anything?
The final menu for all meals will be posted at lhcscouting.org/camping when they become available. All needed materials are provided, but you may want to bring extra heavy duty foil, hot pads, tongs, a paring knife, cutting board, utensils, cups, and plates. This program is only offered for Webelos four-night sessions.

What if I don't want to go to Nature? Can I do something else?
The camp program is written with several things in mind. Our goal is to offer a wide variety of programs for each Scout. Camp also has up to 350 campers each session and we need to schedule where campers are so areas do not get overwhelmed. Our camp staff are often needed other places or simply need to take a quick breather when their specific programs are not running. If you choose not to participate in a particular program, do not expect an opportunity to be made for participation another time.

Can Lions attend summer camp?
Scouts who became Lions in the fall of 2017 can attend summer camp during the summer of 2018. As of the beginning of June 2018, they are considered Tigers. All Tigers must have an adult partner accompany them to camp. Boys who join in June of 2018 as Lions, unfortunately, will not be able to attend Cub Scout or Webelos Scout summer resident camp sessions. They may attend Rookie Camp. Because of their age, development level, physical abilities, and stamina, Lions should only participate as their family feels comfortable with the age appropriateness of the activities.

What is Pack Camp?
Pack Camp is a new addition to the lineup at Camp Independence for 2018. It is a three-day session for packs to come all together instead of having Wolves/Bears attend a Cub Resident session and Webelos/Arrow of Lights attend a Webelos Resident session.

If we choose to attend Pack Camp, will Scouts receive age appropriate programs or will everyone do the same thing?
2018 is our first time running a combined full pack session at Camp Independence. We added this session at the request of many packs. Program is going to depend upon overall attendance. If sufficient participants sign up, the plan is to divide packs in half - Wolf/Bears and Webelos/Arrow of Lights. Those two groups will rotate through activities separately and will participate in age appropriate activities when they arrive in specific areas. As an example, the Wolf/Bear group would shoot bb guns while the Webelos/Arrow of Light group would shoot pellet guns.

What if our pack is approved for the soft launch of the Family Scouting program? Can we bring girls to camp?
Cub Scout packs approved to participate in the soft launch of the Family Scouting program may bring registered female Cub Scouts with them to summer camp in 2018. All youth attending camp must be registered members of the Boy Scouts of America. Packs must also ensure that they meet Family Scouting leadership requirements. Activities involving both boys and girls must include at least one adult male, aged 21 or over, and one adult female, aged 21 or over, one of whom must be a registered member of the Boy Scouts of America.

Will the camp program be different for female Cub Scouts who attend camp?
The program will be exactly the same for both boys and girls attending camp.

What are the requirements for adult leadership if our Pack brings female Cub Scouts to camp?
Packs must ensure that they meet Family Scouting leadership requirements. Activities involving both boys and girls must include at least one adult male, aged 21 or over, and one adult female, aged 21 or over, one of whom must be a registered member of the Boy Scouts of America.

What if each female Cub Scout attending camp will be accompanied by their own father/legal male guardian? Do we still have to have female leadership?
Yes. Any activity involving female Cub Scouts must meet BSA two-deep leadership requirements and include at least one adult female, aged 21 or over. At least one adult in attendance must be a registered member of the Boy Scouts of America.

Will there be changes to the showers and latrines at Camp Independence to accommodate female Cub Scouts?
The Laurel Highlands Council Properties Committee has made the preparation for the Family Scouting program its top priority. Plans are in development to renovate at least one of Camp Independence's shower houses to be able to accommodate youth female campers with the goal of having the shower house renovated prior to the summer camp season. If the project cannot be completed in time, several alternative plans to provide separate showers for youth female campers have been developed. Latrines in Camp Independence already include separate stalls which can accommodate male or female, youth or adult camper.

<u>Camps Freedom / Liberty</u>
Where can I find out what merit badges and activities are offered?
A full schedule of merit badges and activities offered through Camps Liberty and Freedom can be found in the current camp guidebook available on the Summer Camp Resources page (www.lhcscouting.org/camping/resources). An activity planning sheet will also be added to the same webpage to help you with scheduling.

Where do we sleep and eat?
Troops choose one of 14 campsites and stay in canvas platform tents with cots. Each campsite has a latrine and hot showers are nearby. At Camp Freedom, all meals except for the campsite cookout are eaten in the Dining Hall and are prepared by the camp's contact food service staff. At Camp Liberty, we have patrol cooking. You pick up the meal ingredients at the camp commissary and, as a patrol, cook the meals in your campsite.

Is there something for older Scouts to do?
Yes. There are more than 60 opportunities for merit badges, as well as rank advancement and special award opportunities including the Heritage Ironman. Or you can check out Day Trek for high adventure programs for Scouts 13 and older.

What do you recommend for the first year campers?
The Trail to First Class program helps Scouts work on the basic Scout skills from the Tenderfoot, Second Class, and First Class ranks. Scouts will have time to take first year appropriate merit badges in the afternoon as well. We encourage troop adult leadership to help out in this area. More information can be found in the current camp guidebook on the Summer Camp Resources page (www.lhcscouting.org/camping/resources).

Payments and Fees

a run-down of what each session costs

The Camping and Outdoor Program Committee unanimously approved a sliding camp fee for 2018 to encourage a greater percentage of our youth and adults to commit early to camp and provide Heritage with the ability to offer an even better program at a competitive rate by:

- Confirming that sites/weeks are not overbooked
- Adjusting staffing as necessary where increases in campers dictate
- Ensuring sufficient supplies are in camp before the season opens
- Purchasing supplies in advance and in bulk, with mail order and earlier negotiation

An increase of 4% to the 2017 fee has been implemented to cover increases to operational costs related to staffing, food service, and other camp services.

	Liberty youth / adult	Freedom youth / adult	Eagle Base youth / adult
Paid in full by April 1, 2018	$370 / $200	$370 / $200	$420 / $420
Paid in full by June 1, 2018	$395 / $210	$395 / $210	$445 / $445
Paid in full after June 1, 2018	$420 / $220	$420 / $220	$470 / $470

Special Program Fees: Day Trek ($50), Watersports MB ($50), Shotgun MB ($25)

	Independence 3 night youth / adult	Independence 4 night youth / adult
Paid in full by April 1, 2018	$200 / $110	$255 / $145
Paid in full by June 1, 2018	$215 / $120	$280 / $155
Paid in full after June 1, 2018	$230 / $130	$305 / $165

Payment and Registration Timeline

Reservation Fees are due with initial reservation ($200/troop or crew, $100/pack).
March 1.....Campership applications due for Laurel Highlands youth
April 1 .....Full payment due to receive lowest camp rate
April 16.....Merit Badge registration online at www.lhcscouting.org/camping
April 16.....Names applied to "Save a Space Deposits" to avoid forfeit of deposits
May 1 ..... 2019 reservations open for renewing same site, same session
June 1 ..... Full payment due to receive regular camp rate
June 1 ..... 2019 reservations open on first-come, first-served basis to all

All deposits and camp fees are subject to the refund policy (pg 73).

Leader Fees

- Leaders who are staying the entire week or splitting the week with another leader, should pay their fees in full by April 1 - this helps us to better control each weeks camp size.
- Fees for those adults who cannot partner will be subject to the following daily rates:
  - Camp Independence, Camp Liberty and Camp Freedom - $40 (M-F), $10 (Sun., Sat.)
  - Eagle Base - due to the design of the program a daily rate is not offered.
- Guest Meals are available for advance purchase at the Program Hall for $8 per meal.

Unit Reservation Fees

- Beginning May 1, unit reservations for the subsequent camping season open for units to renew the same site and session as the current year. Beginning June 1, unit reservations for the subsequent camping season open on a first-come, first-served basis.
- Independence reservations must include a $100 per pack reservation fee.
- Liberty and Freedom reservations must include a $200 per troop reservation fee.
- Eagle Base reservations must include a $200 per troop or crew reservation fee.
- In order to optimize attendance and keep costs down, Heritage Reservation reserves the right to assign multiple units to the same camp site with multiple patrol areas.
- All reservation fees are non-refundable and non-transferable to other units or years.

How to Pay

- Unit leaders may make deposits and register online using the payment method of their choice. Final payments should be made by check via mail or in-person.
- All offline payments and registration should be sent to the Laurel Highlands Council, 1275 Bedford Avenue, Pittsburgh, PA 15219 using registration forms available online.
- Be sure to include your registration number or a statement with your payment to assist us in crediting your payment to the correct account.

Incentives to Bring Everyone

the benefits of getting as many people to camp as possible

Free Adults & Free Den Chiefs

For each six Scouts you bring to Eagle Base, you will receive a $180 discount toward one leader. For each six Scouts that you bring to Camp Liberty or Camp Freedom you will earn one free adult. For each six Scouts at Camp Independence you will earn one free adult. Each unit receives one free Den Chief.

Low Rate Lock-In

All Webelos cross-overs and new Scouts are automatically locked into the lowest rate at camp. All Scouts applying for a campership are also locked into the lowest rate.

Staff Referral - $100 Trading Post Credit

Do you know someone who would make an ideal camp staff member? Encourage them to apply and if they work for us all summer, you will receive a $100 gift card to use at our camp Trading Posts. To make a recommendation visit www.lhcscouting.org/camping/staff.

Earn Your Unit a $40 Per Youth Discount

If you recruit a new unit to attend Heritage Reservation that brings at least ten youth, you will earn a $40 discount for each youth (not to exceed the number of youth in the other unit) in your own unit for that same summer.

Second Session at Laurel Highlands Council Camp - $100 Discount

Attend a second session at any Laurel Highlands Council resident camp as a provisional camper, with your unit or another and you can get $100 off your second session, prorated for Cub Scout Camp. Contact the LHC Camping Department at (412) 325-7921 when registering.

Eagle Base - $100 Discount

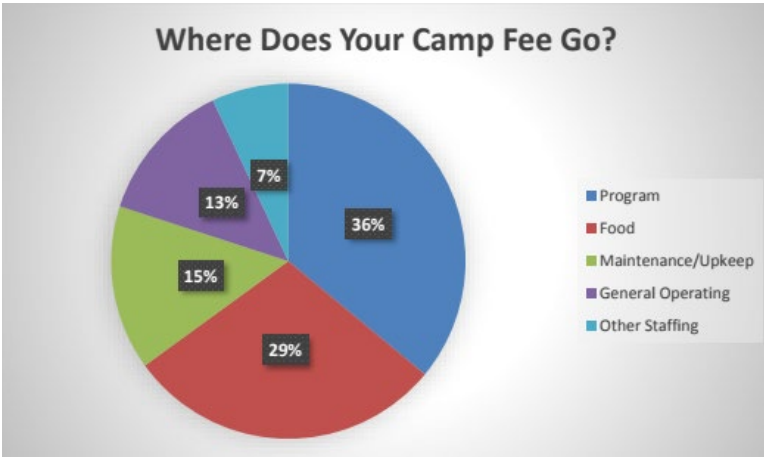
Attend any week long camp through the Laurel Highlands Council and get $100 off your week at Eagle Base. Contact the LHC Camping Department when registering for Eagle Base.

Camperships

Funds are available to assist Laurel Highlands Council youth with financial need to experience Heritage Reservation. Requests for camperships must be made using the campership application available online at www.lhcscouting.org/camping for each person. Camperships are non-transferable and applications are due March 1.

Your Dollars at Work

supporting the camp and its overall operation



Program (36%)
The largest portion of this is our outstanding program staff, the people delivering program day in and day out and the costs associated with that staff. In addition, this includes all the supplies used to deliver the program such as craft kits, new equipment, and recognition items.

Food (29%)
This includes the actual food you eat and the hands that both prepare it and clean up following meals

Maintenance/Upkeep(15%)
Summer camps are big places with lots of facilities, equipment, and vehicles that must be maintained. This category includes all the facility and equipment maintenance supplies and the costs of our Ranger staff who carry out that upkeep. $2 per person per day from your camp fee is set aside to repair and replace campsite equipment like tents, cots, and tarps.

General Operating (13%)
There is a lot going on behind the scenes to keep camp operating and all of that has a cost. This category includes utilities, insurance, licenses and permits, and other needed supplies like medical equipment, trash bags, and toilet paper.

Other Staffing (7%)
These are the staff that do not fit into other categories. They are the behind the scenes folks providing administrative support, responding to medical emergencies, and running trading posts.

Promotional Items

every full session camper gets a promotional item

Camp Neckerchiefs

Every youth and adult attending camp this summer will receive a complementary neckerchief that is customized for your camp.



Each neckerchief will have printed on it the map of the camp, so in addition to being stylish, it can prove to be a great resource for first-time vistors!

Neckerchiefs will be distribued to troop leaders during the Sunday check-in process.

Camp Patches

Everyone camping with us this summer will receive a 2018 Laurel Highlands Council summer camp patch. Additional patches are on sale in the Trading Post for $3.

Additionally, campers will also recieve this year's hexagonal pebble velcro backing, the Heritage Reservation center patch, and their camp's pebble patch to begin your collection. Earn more pebbles throughout the week to fill your backing and commemorate your week!

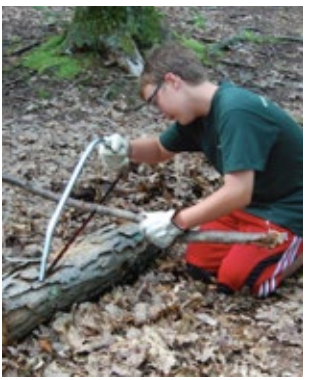
Provisional Camp

registering as an individual for camp

If a youth is unable to attend with your unit, don't let them miss the summer camp experience. Register the youth with one of our units that supports provisional campers. Throughout the summer we can match your youth with another unit for a provisional experience.

You will be amazed at how quickly your camper will make new friends and assimilate into the host unit. This is a great opportunity to ensure all your Scouts can make it to camp even if they have a family vacation during your week.

Contact the LHC Camping Department at (412) 325-7921 to connect your Scouts with another unit or our provisional units. Interested in your unit hosting provisional Scouts? Contact us for details!







Refund Policy

how to get money back if you have a change in plans

A Summer Camp Refund Request Form must be completed for each individual requesting a refund (available online at www.lhcscouting.org/camping). The forms must be submitted to: Laurel Highlands Council, 1275 Bedford Avenue, Pittsburgh PA 15219.

- All refund requests must be received at the Flag Plaza Scout Service Center thirty (30) days prior to attending camp. No refunds will be granted without thirty (30) days notice unless one of the extenuating circumstances listed below is met.
- Refund requests will NOT be accepted at camp.
- All refund requests must have a unit leader's signature to be considered.
- All refunds will be issued by check to the unit, NOT the individual and will be sent to the primary contact listed on the unit's camp reservation. The unit is responsible to distribute the refund.
- Absolutely no refunds will be granted for No Shows.
- All refunds will be less a 10% processing fee.

The only circumstances under which a refund will be considered less than thirty (30) days prior to arrival are:

1. An injury/illness that prevents attendance at summer camp. A signed doctor's note must accompany this request.
2. The death of an immediate family member (parent/guardian, sibling, grandparent).
3. Family relocation makes attending camp impractical.
4. Mandatory summer school attendance/work schedule change. A signed note from the school/employer must accompany this request.
5. All requests must be received no later than August 31 of the year of attendance. Requests after August 31 will not be considered.

Revision Date: 10/20/2017, Camping and Outdoor Programs Committee

A Refund Request Form must be completed for each INDIVIDUAL requesting a refund.







2018 Camp Sessions

a variety of options to accommodate your busy summer

Camp Independence Sessions

Cub Scout and Webelos resident camp with 500-seat Dining Hall, fort, ship, BMX course, bouldering, climbing and four specially-designed adventure areas.

Rookie Camp
These boys are families are new to the summer camping eperience. This fun day of program and overnight camp is focused on new Cub Scouts.

R1	1 Night	Jun 16 - Jun 17	Sat - Sun

Cub Scout Camp
These boys and parents are looking for a fun, introductory experience. Activities are focused on those Wolf and Bear Scouts having completed first or second grade.

C1	3 Nights	Jun 17 - Jun 20	Sun - Wed
C2	3 Nights	Jun 24 - Jun 27	Sun - Wed
C3	3 Nights	Jul 8 - Jul 11	Sun - Wed
C4	3 Nights	Jul 18 - Jul 21	Wed - Sun

Webelos Camp
These boys are looking for a longer and more challenging experience. Activities are focused on those Webelos Scouts having completed third or fourth grade.

W1	3 Nights	Jun 20 - Jun 23	Wed - Sat
W2	4 Nights	Jun 27 - Jul 1	Wed - Sun
W3	3 Nights	Jul 11 - Jul 14	Wed - Sat
W4	3 Nights	Jul 15 - Jul 18	Sun - Wed
W5	4 Nights	Jul 22 - Jul 26	Sun - Thur

Pack Camp
If you're looking for an opportunity to camp with your entire pack, now is your chance! Join us for an action-packed program sure to keep your entire unit having fun.

P1	3 Nights	Jul 1 - Jul 4	Sun - Wed

Camp Liberty and Camp Freedom Sessions

Boy Scout resident camps, each with 14 campsites and identical facilities aside from the dining experience. Both camps offer merit badges, activities and more in Aquatics, Trail to First Class, Ecology-STEM, Shooting Sports, Handicraft, Scout Scholar, Scoutcraft, and shared central programs.

Boy Scout Patrol Cooking
Camp Liberty is one of the few remaining patrol cooking camps with a focus on the patrol method.

Boy Scout Dining Hall
Camp Freedom has a central 450-seat Dining Hall serving family-style meals.

1	6 Nights	Jun 17 - Jun 23	Sun - Sat
2	6 Nights	Jun 24 - Jun 30	Sun - Sat
3	6 Nights	Jul 1 - Jul 7	Sun - Sat
4	6 Nights	Jul 8 - Jul 14	Sun - Sat
5	6 Nights	Jul 15 - Jul 21	Sun - Sat
6	6 Nights	Jul 22 - Jul 28	Sun - Sat

Eagle Base Sessions

High Adventure programs are offered to older Boy Scouts and Venturers.

A base camp experience with daily excursions in white water, caving and rappelling, mountain biking, sporting clays, hiking and more.

1	6 Nights	Jun 17 - Jun 23	Sun - Sat
2	6 Nights	Jun 24 - Jun 30	Sun - Sat
3	6 Nights	Jul 1 - Jul 7	Sun - Sat
4	6 Nights	Jul 8 - Jul 14	Sun - Sat
5	6 Nights	Jul 15 - Jul 21	Sun - Sat
6	6 Nights	Jul 22 - Jul 28	Sun - Sat

2019 Summer Adventures

a run-down of how to ensure your spot at camp

Camp Independence Sessions

A $100 per Pack reservation fee is due at the time of reservation to hold spots for your campers until the fees are due in full on April 1, 2019.

Rookie Camp

A taste of Independence for Cub Scouts that are new to summer camping.

Rookie Session #1	1 Night	Jun 22 - June 23	Sat - Sun

Cub Scout Camp

Fun-filled adventure for Wolf and Bear Scouts and their parents.

C1	3 Nights	Jun 23 - Jun 26	Sun - Wed	**C2**	3 Nights	Jul 10 - Jul 13	Wed - Sat
C3	3 Nights	Jul 14 - Jul 17	Sun - Wed	**C4**	3 Nights	Jul 25 - Jul 28	Thur - Sun

Webelos Camp

Action-packed program for Webelos Scouts and their parents.

W1	3 Nights	Jun 26 - Jun 29	Sun - Wed	**W2**	4 Nights	Jun 30 - Jul 4	Sun - Wed
W3	3 Nights	Jul 17 - Jul 20	Wed - Sat	**W4**	4 Nights	Jul 21 - Jul 25	Sun - Thur

Pack Camp

An opportunity for the whole pack to camp together with Cubs, Webelos, and parents.

Pack Camp #1	1 Night	Jul 7 - Jul 10	Sun - Wed

Camp Liberty and Camp Freedom Sessions

A $200 per unit reservation fee is due at the time of reservation to hold spots for your campers until the fees are due in full on April 1, 2019.

Boy Scout Patrol Cooking (Liberty) and Dining Hall (Freedom)

Week 1	6 Nights	June 23 - Jun 29	Sun - Sat
Week 2	6 Nights	June 30 - July 6	Sun - Sat
Week 3	6 Nights	July 7 - Jul 13	Sun - Sat
Week 4	6 Nights	Jul 14 - Jul - 20	Sun - Sat
Week 5	6 Nights	Jul 21 - Jul 27	Sun - Sat
Week 6	6 Nights	Jul 28 - Aug 3	Sun - Sat

Eagle Base Sessions

A $200 per unit reservation fee is due at the time of reservation to hold spots for your campers until the fees are due in full on April 1, 2019.

Resident Base Camp

Week 1	6 Nights	June 23 - Jun 29	Sun - Sat
Week 2	6 Nights	June 30 - July 6	Sun - Sat
Week 3	6 Nights	July 7 - Jul 13	Sun - Sat
Week 4	6 Nights	Jul 14 - Jul - 20	Sun - Sat
Week 5	6 Nights	Jul 21 - Jul 27	Sun - Sat
Week 6	6 Nights	Jul 28 - Aug 3	Sun - Sat



Reservations for 2019 adventures open May 1, 2018 with units renewing the same site and same session. On June 1, 2018, reservations open on a first-come, first-served basis. Reservations for Eagle Base open May 1, 2018 as first come first served.

Online Registration FAQ

routine questions regarding the online registration system

How can I learn more about the Online Registration System (24/7 Scouting)?
A brief training will be offered at our pre-camp leader meetings in February. Otherwise, you are welcome to contact the LHC Camping Department at (412) 325-7921 for assistance.

When is the registration cut-off?
We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability. See the Finance section below for information related to payment due dates.

Can I register after my unit has paid for camp?
We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability.

What if a parent can't take the whole time off?
This is very common. We often see unit adults split weeks. For example, we see one adult come Sunday to Wednesday and another come Wednesday to Saturday. In this case, where the two adults are not overlapping, one adult space will need to be reserved. In cases where an adult that is not staying the entire session is overlapping, please contact the LHC Camping Department at (412) 325-7921 and we can help you with the reservation. In this case, the adult camp fee will be prorated for the days in attendance. Adult leadership is an important part of the Scout camp experience. We will work with you to get your adults registered for camp.

What happens if we only have one adult able to attend camp?
The BSA requirement is a minimum of two adult leaders one of which must be a registered leader and the second either a registered leader or the parent/guardian of one of the Scouts in attendance. In addition, for Cub/Webelos Scout programs, the BSA requires an adult to Scout ratio of one to four and every Cub/Webelos Scout must have an identified adult responsible for them. If your unit will not be able to meet these adult leader requirements, please contact the LHC Camping Department at (412) 325-7921 as soon as possible so we can either help connect you with another unit to share leadership or recruit an additional provisional leader for your unit.

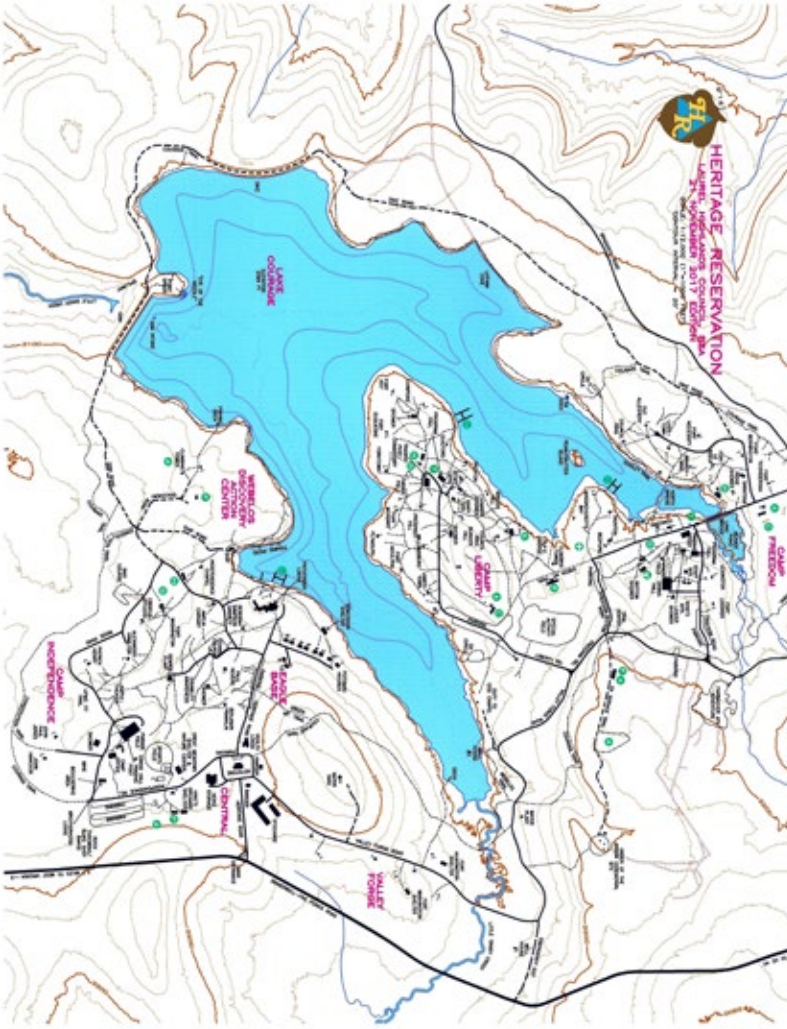
Can I attend at a different time than the rest of my Unit?
Absolutely. Individual parent/son teams or parts of units may register for the session that best fits their schedule pending availability. Individual Boy Scouts or Venturers can join a provisional unit as a lone Scout. Provisional opportunities for individual Cub/Webelos Scouts cannot be accommodated.





Heritage Reservation Map

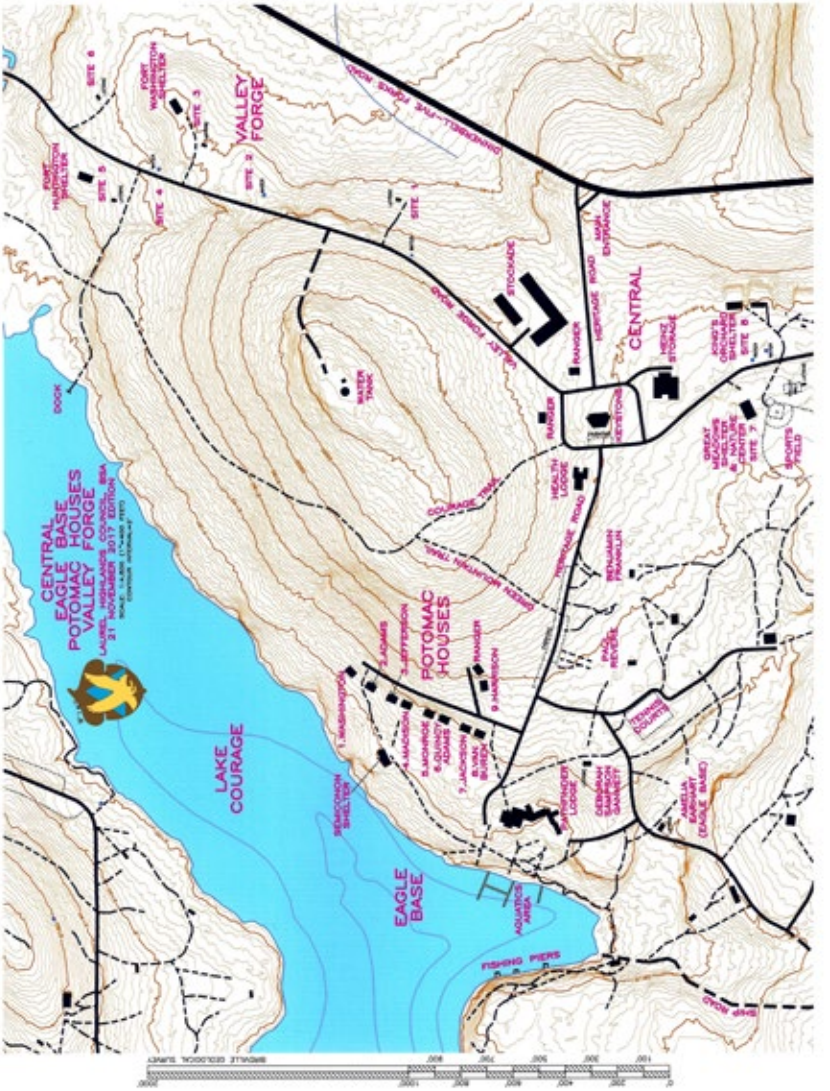
a bird's eye view of the reservation





Eagle Base Map

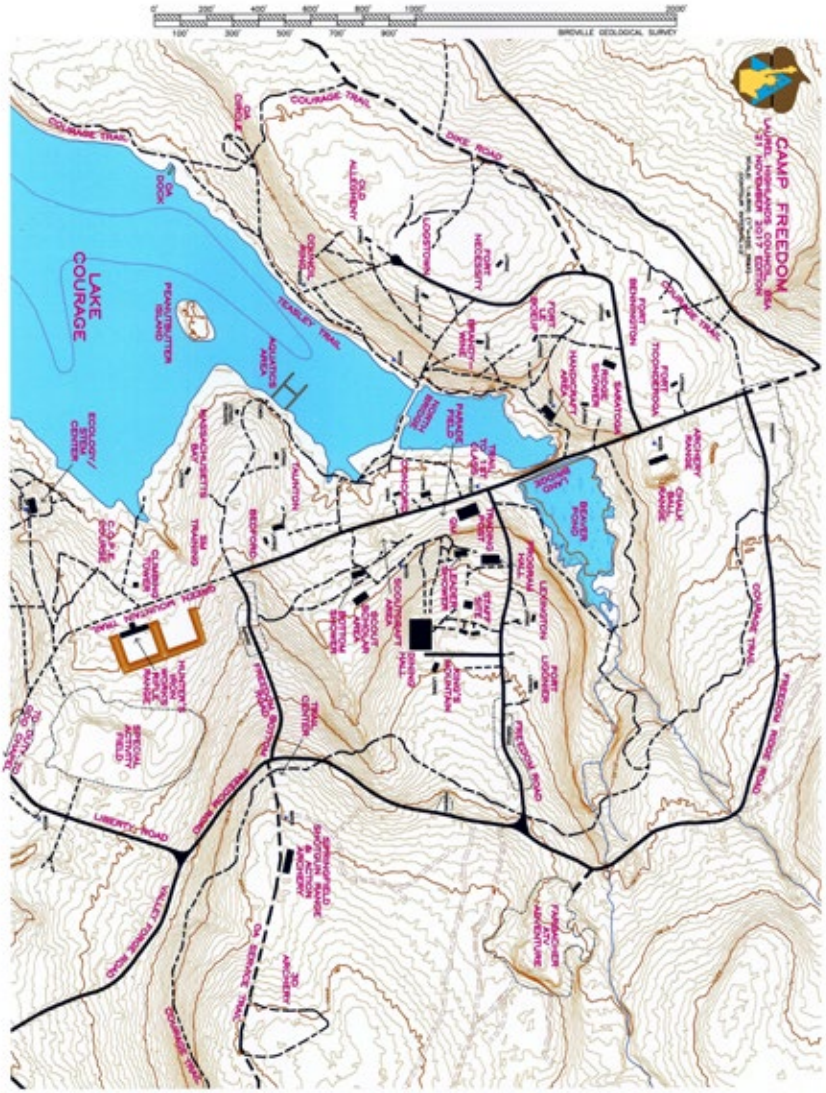
showing your way around camp





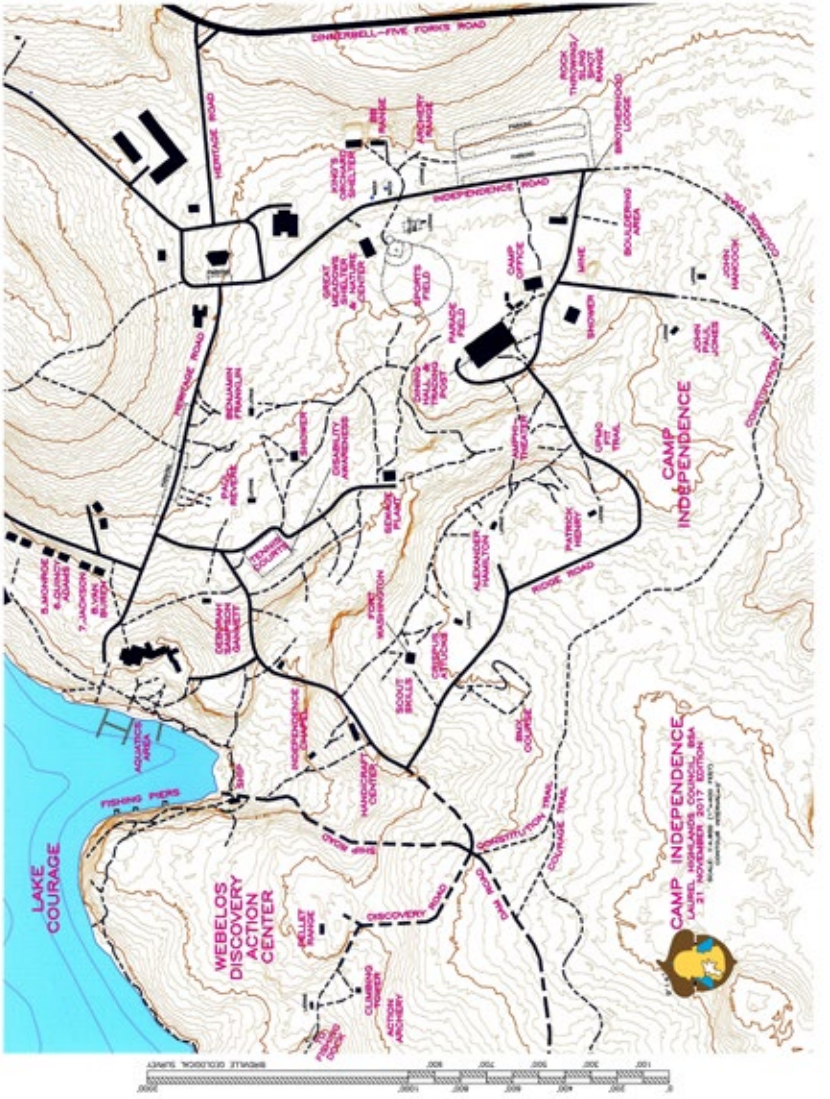
Camp Freedom Map

showing your way around camp


CAMP FREEDOM
LAKE COURAGE
COURAGE TRAIL
DIKE ROAD
COLUMBINE TRAIL
TEARLEY TRAIL
FREEDOM ROAD
LIBERTY ROAD
BEAVER ROAD
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Camp Independence Map

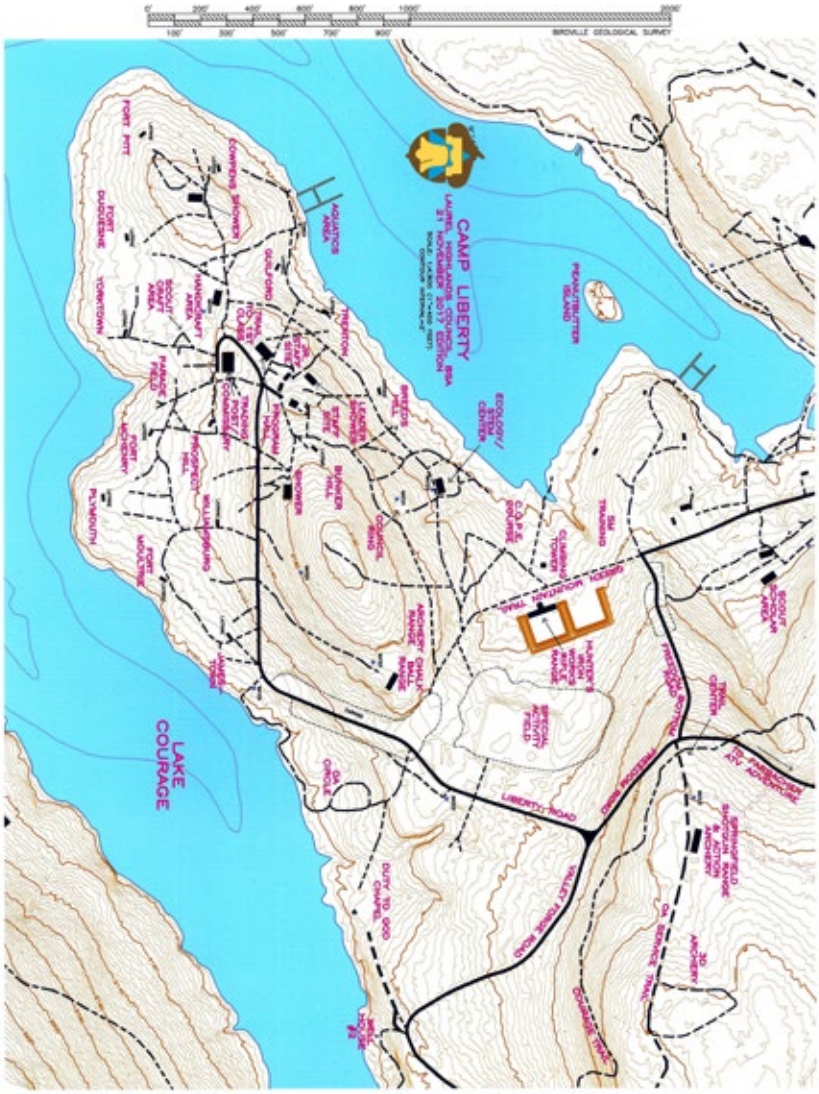
showing your way around camp





Camp Liberty Map

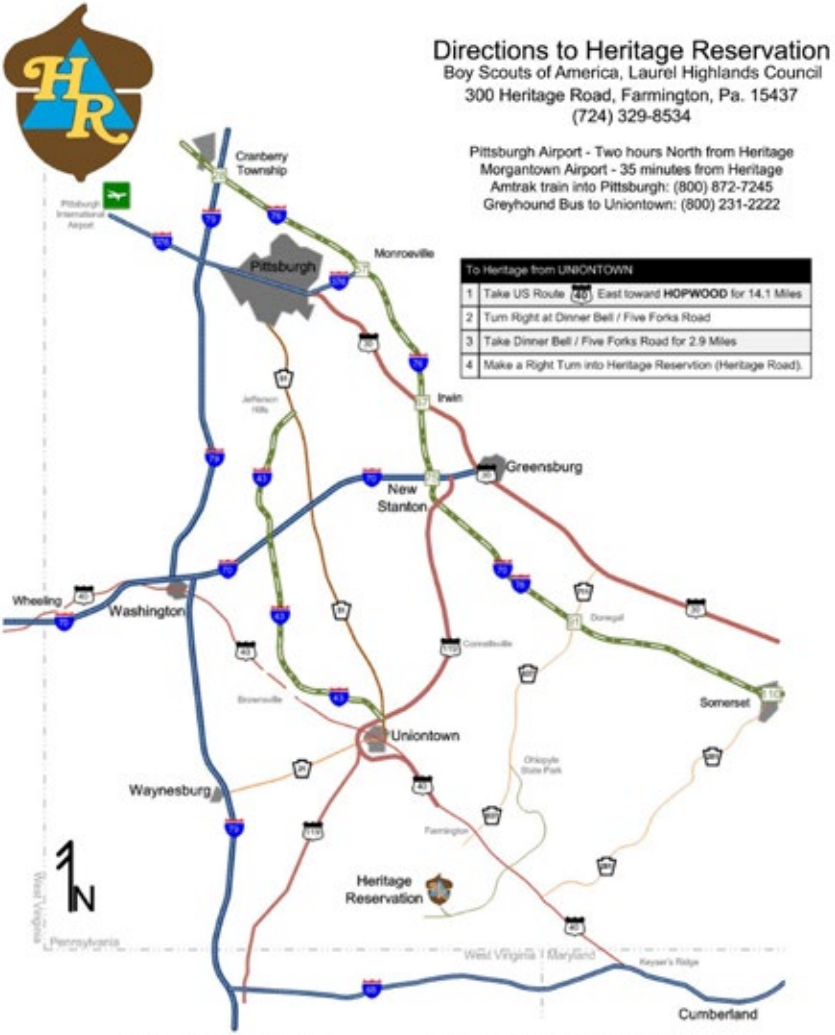
showing your way around camp





Map to Heritage Reservation

showing the various routes of travel



GPS and Mailing Address:
300 Heritage Road
Farmington, Pa. 15437

Address for pre-2010 GPS units:
2690 Dinner Bell Five Forks Road
Farmington, Pa. 15437





Online Resources

all the resources, forms and information to make your preparation easy

Below is a list of forms available online at www.lhcscouting.org/camping. In our efforts to go green, we no longer provide a packet with these forms. Many of the forms are electronic.

Registration

- Scout Release Request - complete for Scouts leaving camp early and bring to camp
- Camp Leader Appreciation - Inform your employer about your volunteer time
- Campership Application - complete and submit for campers with need by March 1
- Refund Request - must be completed to receive a refund
- Early Arrival Request - Inform us of your plans to arrive early at camp
- Special Dietary Needs - complete this in advance so we may prepare for your needs
- Non-LHC Adult Clearance Compliance - for Non-LHC PA resident adults
- Non-PA Resident Clearance Disclosure - for Non-PA resident adults

Program & Advancement

- Pre-camp Swim Classifcation - record results and send to the LHC Camping Department
- Camp Awards - get the requirements in advance for camper, patrol, and troop awards
- Advancement Schedule - provide to Scouts as they plan their advancement schedule
- Activity Plan - for Liberty and Freedom Scouts to prepare before camp

Eagle Base Resident and Day Trek Release Forms

- ATV Adventure Release Form - required for all ATV Adventure participants
- Lower Caving Release Form - required for caving/rappelling participants
- Rappelling Release Form - required for caving/rappelling participants
- Wilderness Voyageurs Release Form - required for rafting, fly fishing, pedal/paddle, and mountain biking participants. Youth and Adult.
- Nemacolin Release Form - required for sporting clays participants. Youth and Adult.

Medical

- Annual Health and Medical Record - complete for all campers
- LHC Supplemental Medical Screening - complete for all campers and bring to camp
- Special Dietary Needs - complete this in advance so we may prepare for your needs
- Immunization Exemption Request - complete this if needed and submit with your Annual Health and Medical Record

Maps & More

- Camp Maps - complete with campsites, program areas, and building locations
- Map to Heritage Reservation - detailed directions on how to get to camp
- Breakout Guides - customized for your camp, providing information for Scouts and Parents

Stay informed and prepare for camp with all these resources and more at www.lhcscouting.org/camping

Heritage Prose

words that express the energy of the experience

Camp Freedom Song

Our forefathers fought,
For what they believed,
We honor everyone,
that keeps our country free.
Freedom for everyone. (x2)
Camp Freedom is the place for me,
With so much to do and see.
Where learning and fun all are one,
Freedom for everyone. (x2)

Camp Independence Song

A Cub Scout came to Independence at the end
of the school year,
Coming to a place he's never been before.
He left his home behind him, he was a little
scared and then,
The staff and leaders helped him find his way.
- Refrain -
He braved the waters of Lake Courage,
He spent his first night in the woods,
He saw birds and forests, rocks and fields and
streams,
He learned about our country's history... in
the flags that he raised.
He met the challenges and did the best he
could.
- Refrain -

Refrain

Independence is where you all can come,
To experience the woods and have some fun.
It's the spirit of Scouting...
where it can all begin.
Come join in, at Independence.
Come join in, at Independence.

Eagle Base Song

Eagle Base, Eagle Base
Down here at Eagle Base we all have a blast,
So hurry along bring a friend
Adventurers are we, having fun neeth
the trees.
And when we are gone you'll remember our
song.
Cause we are Eagle Base.
Eagle Base, Eagle Base

Camp Liberty Song

Liberty, the place for me,
Liberty, in God's country.
Stars in the sky tell us God is here;
Fires a-glowin' show friends are near;
Liberty, the place for me,
Liberty, where Scouting should be.

Heritage Grace

For **H**appiness and
Enjoyment
For **R**everence and
Integrity
For **T**olerance and
Attitude
For **G**oodwill and
Energy

We Thank Thee, O Lord.

Help Make Heritage Better

opportunities to leave your mark on the best camps out there

Materials and Equipment Needs

The best camps need the best equipment. However, this is often out of our price range so we rely on assistance. Check out the online needs list and contact the Camping Director to help.

Summer Service Projects

Throughout the summer, many camp improvement projects are in the works. A pre-approved project list will be developed by the camp ranger staff and will be made available in the camp office. Tools can be checked out or you may bring your own. Have your whole unit earn the Outstanding Acorn Award (pg 43).

Beaver Service Days

June 1-3 at Heritage Reservation we invite everyone to camp for a weekend of projects to help get camp ready for the upcoming summer. Entire units, small groups and individuals are welcome to stay in canvas wall tents at Camp Independence for free - or bring your own tent and stay in one of the Boy Scout camps. This is a great weekend of fellowship and service and also allows you to take part and pride in the great place Heritage Reservation is. Register online using the Online Registration System at www.lhcscouting.org/camping.

Camp Staff Alumni Association

Are you a former staff member looking to get involved with summer camp again? The Camp Staff Alumni Association is looking for you! Service, fellowship, and donations of materials and time are all key parts of the way we give back to summer camp. For more information, and to join our cause, please visit http://www.staffalumni.org.

Camp Staff Opportunities

more than a job...the opportunity of a lifetime

Are you tired of doing the same old routine all summer? The Laurel Highlands Council operates five camp programs each summer including Cub Scout, Boy Scout and high adventure. Each of these offers opportunities for a variety of summer camp staff jobs. Most Scout camp staff are at least 16 years of age; however, there are limited positions for 15 year olds. The high adventure program employs young people who are at least 18 years of age. The Laurel Highlands Council, Boy Scouts of America is an equal opportunity employer that hires both females and males, as well as people of all ages and ethnic groups, diverse cultures and mixed abilities.

Why Apply for a Camp Staff job?

- Make lots of new friends from your area, other states and even other countries.
- Spend a summer in the great outdoors where nature prevails.
- Acquire experiential education (learning by doing) and new skills that will last a lifetime.
- Be part of an effective team and cooperate with others to get things done.
- Learn how to lead others and apply leadership skills.
- Undertake and fulfill meaningful challenges and earn the satisfaction of doing a job well.
- Work with youth and adults of all ages.

Counselor in Training Program

Open to those ages 14 and up, the Counselor in Training (CIT) program is a varied training experience. It is an intensive four week program, with all CITs given the opportunity to work at three camps. CITs live in wall tents complete with electricity and have access to hot showers, laundry facilities and a lounge. There is no pay, however there is no charge for food, board or training while in the program. Some camps charge as much as $100 per week. CITs will work in a different camp and program area each week and will take part in staff training sessions.

All CITs that successfully complete the requirements of the four-week program are eligible to receive a free week at Camp Liberty or Freedom (fees must be paid up front, and are then refunded to the unit upon successful completion).



Learn more or apply online at:
www.bit.do/2018staff

Celebrating Our Heritage

a history lesson of heritage reservation

Whose Heritage Is It?

Scouts who come to Heritage Reservation for the first time ask "Who owns Heritage?" Well, the answer to that is pretty simple. The Laurel Highlands Council, and because your unit is from this area, that makes you a part of the Council. So in a way, you are a part owner of this wonderful place.

But you are an owner of Heritage Reservation in a more important way. Every youth who camps here leaves a little bit of them self with this camp. The improvement project you participate in, your care of the land and the water, your responsibility in not littering or destroying any living thing or damaging any property stays here as part of you. That not only makes you an owner of Heritage, it makes you a permanent part of it. Think about that as you enjoy this camp.

Who Built Heritage?

Heritage Reservation opened for the first time back in 1980. Before Heritage, Boy Scouts from our area went to three different camps, but none of them were as big or as good as Heritage. Two of them did not even have a lake to allow for boating and fishing that most boys enjoy.

Some of our Council's leaders at the time had a dream about creating the finest Scout camp in America for the youth of southwestern Pennsylvania, youth just like you. So they looked for just the right piece of land, where they could make a great lake like Lake Courage, and where there was plenty of space to hike in the wilderness and do all of the things that Scouts want to do at camp. Well, they found exactly what they were looking for right here, and they planned and built Heritage in less than two years! Why did they do it? Because they believed that youth for years to come deserved the best camp that could be had. Today, we should think about how grateful we are for the dreams those leaders had and for the wonderful place they created here at Heritage Reservation.

Who Paid for Heritage?

Did you ever wonder who provided the money to buy the land and build the campsites and buildings that made Heritage a Scout camp?

Well, it did take a lot of money to build Heritage. More than eight million dollars back in 1980 when it opened to Scouts. It would cost a lot more today. About another ten million dollars has been invested since then in improvements and expansions. It was all spent for youth like you to enjoy and learn about nature, and about yourselves as you work at being good campers.

But who provided all the money? The answer is: the community did. Some money came from Scout troops and Scout families and Scout leaders. A lot came from businesses, corporations, charitable foundations and people who believed that Scouting is a great program and that youth like you would benefit from it. People and businesses gave the money to build Heritage because they believed in the future, and that the future will be shaped by who? By YOU!

Why is This Place Called Heritage?

Boy Scout camps have lots of names. Some of them are named for Native American tribes, some are named for people, or even towns. Heritage is the only one we know that is named for an idea.

Heritage is something that is passed from older people to younger people. Sometimes that heritage is money or property. But that is not what Heritage Reservation is about. This Heritage is to help you remember and understand what has gone before you and why you should be proud of it, and to pass that pride on to the boys who follow you.

Part of this Heritage is about what happened here. This is a very historic country. George Washington, our first president and great general of America's war for independence, first saw battle not far from here. It was the first battle in a war about whether this part of America would be English or French.

Pittsburgh, which is at the center of our Scout Council, was the site of an important fort because of the three rivers that meet there. After that, our region became one of the most important industrial centers in the world.

The name of this reservation and the camp sites in it are reminders of the places where our ancestors fought and worked to make America the land of liberty, freedom and independence. We must never forget what they did. Heritage Reservation helps us remember.

Why An Acorn Symbol?

As plans developed for a new camp, so did a symbol to recognize its clear purpose. This symbol with the triangle, the acorn and the HR, however represent much more than you might imagine.

One part reminds us of our history. It is a triangle which represents a tricorn hat worn by the colonists during the struggle for independence, liberty and freedom from England. Its blue color reminds us of the beautiful man-made lake called Lake Courage.

The second part is the brown acorn itself. Long ago, a poet named David Everett wrote the following: "Tall Oaks from Little Acorns Grow." Here at Heritage, we are planting the seeds of our future in young men and women who soon will be the leaders of America.

The third part is the yellow HR which is short for the camp name, Heritage Reservation.

These three parts should also remind us of the three parts of the Scout Oath: duty to God and country, duty to others and duty to ourselves.



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Heritage Reservation
Excellence in Scout Camping Since 1980

Nationally Accredited Programs

The Laurel Highlands Council Camping and Outdoor Promotion Committee is committed to camps that meet high standards for health and safety, food service, program, maintenance, conservation, staffing and administration. All of our camps are inspected and accredited on an annual basis. This emblem is one of your assurances of a quality camp!